Shahr Ramadhan

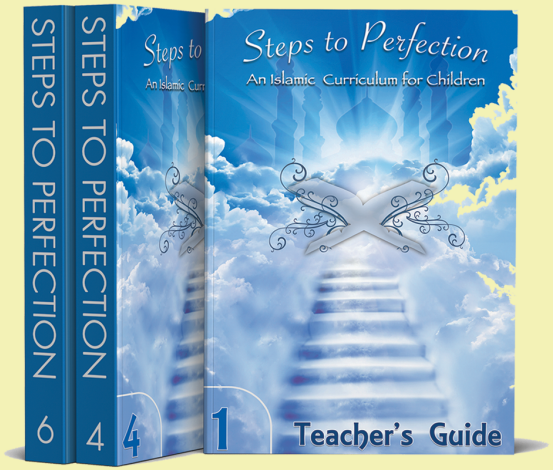
Project Booklet

Projects 1-10

2017 | 1438

AL-KISA FOUNDATION

CHILDREN'S LITERATURE



ISLAMIC CURRICULUM

ISLAMIC PROJECTS

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بسم الله الرحمن الرحيم

اللهم صلى على محمد و آل محمد و عجل فرجهم

In his sermon before Shahr Ramadhan, the Holy Prophet (S) said:

"O people, indeed the month of Allah has approached you with barakah (blessings), mercy, and forgiveness. This month is the best of all months, its days are the best of days, its nights are the best of nights, and its hours are the best of hours."

Dear Brothers and Sisters,

Shahr Ramadhan Mubarak! May Allah bless us all and give us the strength and tawfeeq to enter and exit this month in the same manner as the Noble Prophet (S) and the Ahlul Bayt (A). Indeed, the month of Allah has arrived, and all of us have been given the honor of being His special guests and receive His special bounties, blessings, and forgiveness.

My dear parents and teachers, this month is a great opportunity to teach and nurture your children. The family is the nucleus of the community; only with strong and spiritually healthy families will we be able to have a strong, spiritually healthy community. The Holy Prophet (S) has said, "The most beloved action to Allah is when He sees a family has come together to share a meal."

Dear parents, spend quality time with your families; show them love and compassion; help each other stay physically and spiritually healthy; and strengthen your bonds. Here are a few simple things we can do:

- Have sehri/suhoor with your children and allow Allah's special Mercy to engulf us
- Spend quality time with your families; set aside some time to participate in productive activities together (e.g., read Quran, go to the Masjid together, etc.)
- Make your Masjid and house the source of educational learning and spiritual nurturing. ***Perhaps one of the best and most needed actions in this month is to help facilitate and supervise the children's program at the Masjid.***

Also take advantage of this month to help your children in becoming God-conscious. Here are a few tips for nurturing your children:

- Instill in your children the good akhlaq of respecting elders and parents and showing their affection (e.g., kissing their hands)
- Respect and honor your children in the best of ways (e.g., ask them sincerely to make du'a for you, as their souls are pure)
- Help your children align their wants and needs in line with what would please Allah and help them understand the importance of identifying and performing their responsibilities
- Help your children understand that their actions have consequence and will become the reality of their akhira

Dear brothers and sisters, this month is also that in which the Holy Quran was revealed. We encourage you to instill a love of the Quran in your children. InshaAllah this booklet can serve as a tool to aid in this goal. Each lesson revolves around a Quranic ayah and also includes a story and related activities. ***Help your children to memorize these ayahs and internalize their meanings, as they serve as important Akhlaqi lessons.***

May Allah bless all those who helped make this project possible, especially Shaykh Saleem Bhimji and the Kisa Kids project team. May He elevate our ranks and inspire us to strive in His way and His cause during this holy month and throughout our lives, in order to receive our rewards on the day of Eid al-Fitr from Allah through our beloved Imam Mahdi (AJ).

Jazak Allah Khairun and Best Wishes,
Nabi R. Mir (Abidi)
Resident Aalim of SABA Islamic Center

Lesson 1

Peace and Friendship

OBJECTIVE

Students will learn that Allah loves peace over fighting.

وَٱلصُّلْحُ خَيْرٌ

Transliteration: Wassulhu Khayr
Translation: And (making) peace is better.
Ayah Source: Surah an-Nisa, Verse 128 (4:128)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "We are going to be talking about friendship today. Sometimes we fight with people who are our friends. Have you ever had an argument with a friend? Can you think of some things you have argued about?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down all the things kids can think of. (e.g., toys, friends, etc)
4. ***SAY:*** "We are going to be learning a new and special ayah today. I want you to listen carefully and guess what the ayah is about."
5. ***Show and recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***ASK:*** "What do you think Allah is trying to tell us about our friends? When we get into arguments, do you think Allah wants us to stay angry with each other or make peace by nicely solving the problem? Students will probably respond, "Make peace!"
7. ***Read translation (slowly and clearly):*** "Now I will read *what* this ayah means."

Topic: Peace and Friendship

"And (making) peace is better."
Suratul Nisa (4), Verse 128

﴿وَٱلصُّلْحُ خَيْرٌ﴾
"Wassulhu Khayr"

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

One day, there were two friends named [INSERT NAMES]. They were very good friends, but today they were very angry at each other. You see, [NAME 1] and [NAME 2] were playing outside for recess. There was only one ball left and both boys ran for it. They both got there at the same time and grabbed the ball.
"Hey, I got here first!" said [NAME 1]
"No! You didn't! I did!" argued [NAME 2]
This fighting went on for a long time until their teacher stepped in and asked, "What is going on boys? You two are such good friends! Why are you fighting?"
The boys both started shouting at the same time, each arguing that they got the ball first.
The teacher was sad to see the two friends fight. "Boys, did you know it makes Allah sad to see two friends fighting? He teaches us in the Quran that 'Wassulhu Khayr': And (making) peace is better." (4:128)
The two boys thought about this and looked at each other.
[NAME 1]: "Maybe we could take turns with the ball?"
[NAME 2]: "Good idea! You should go first!"
[NAME 1]: "Thank you, but I have a better idea. Let's play a game together!"
Alhamdulillah, the boys wanted to please Allah and decided to make peace. They even shook hands and ran off to play a wonderful game of soccer.
"We learned today that Allah says in the Quran that (read ayah with gestures.) Making peace with our friends is better than fighting with them. It makes Allah sad to see us fight. Next time you have a fight with a friend, remember this ayah and do whatever you can to make peace, inshAllah!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all to listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
   Example: When you show the action for shaking hands, be sure to say the Arabic (*wassulhu*) and translation (peace) so that students can associate the sign with the Arabic word and English meaning.

Holding hand out to shake
(Wassulhu)

Two thumbs up
(Khayr)

3. ***Group practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
4. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
5. ***Students Share:*** Encourage a few students to share and give positive feedback.
6. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

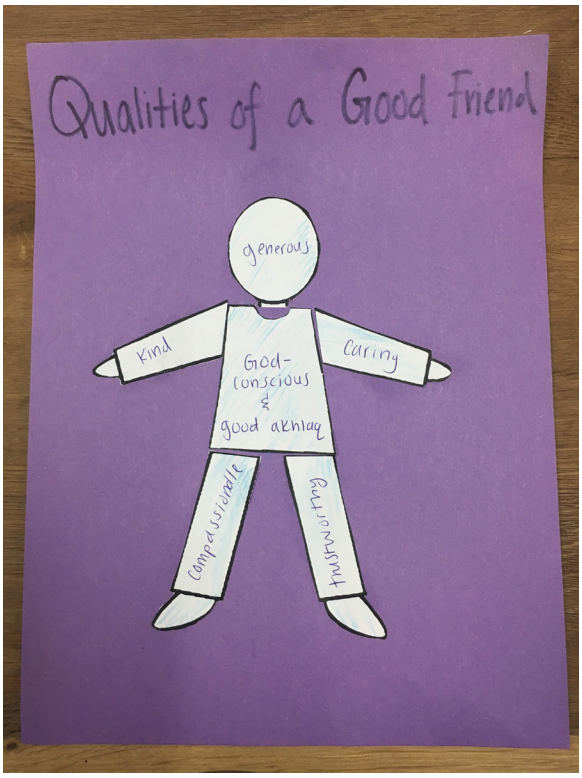
1. Have children sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - Allah loves it when we are nice to each other and do not fight with our friends.
   - Sometimes, if we do not agree with something, we should try to solve the problem nicely.
   - If two people get into a fight, Allah loves it if they quickly become friends again.
   - What would you do if:
   - Someone snatched a toy out of your hand?
   - Someone took your pencil without asking permission?
   - Someone doesn't share their crayons with you?
   - One day, Imam Husain (A) told everyone he heard his grandfather Prophet Muhammad (S) say, "If two people are mad at each other, the first one who says sorry will get to enter jannah first!"
   - Can you think of some ways we can solve our arguments nicely with our friends? Let's write down some ideas.

Extension: Pick a few scenarios with conflicts between friends and have students act them out for class and see if they can find a solution to their problem.

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

Peace and Friendship



Objective: Students will learn about the importance of building a good friendship and ponder on the qualities of a good friend.

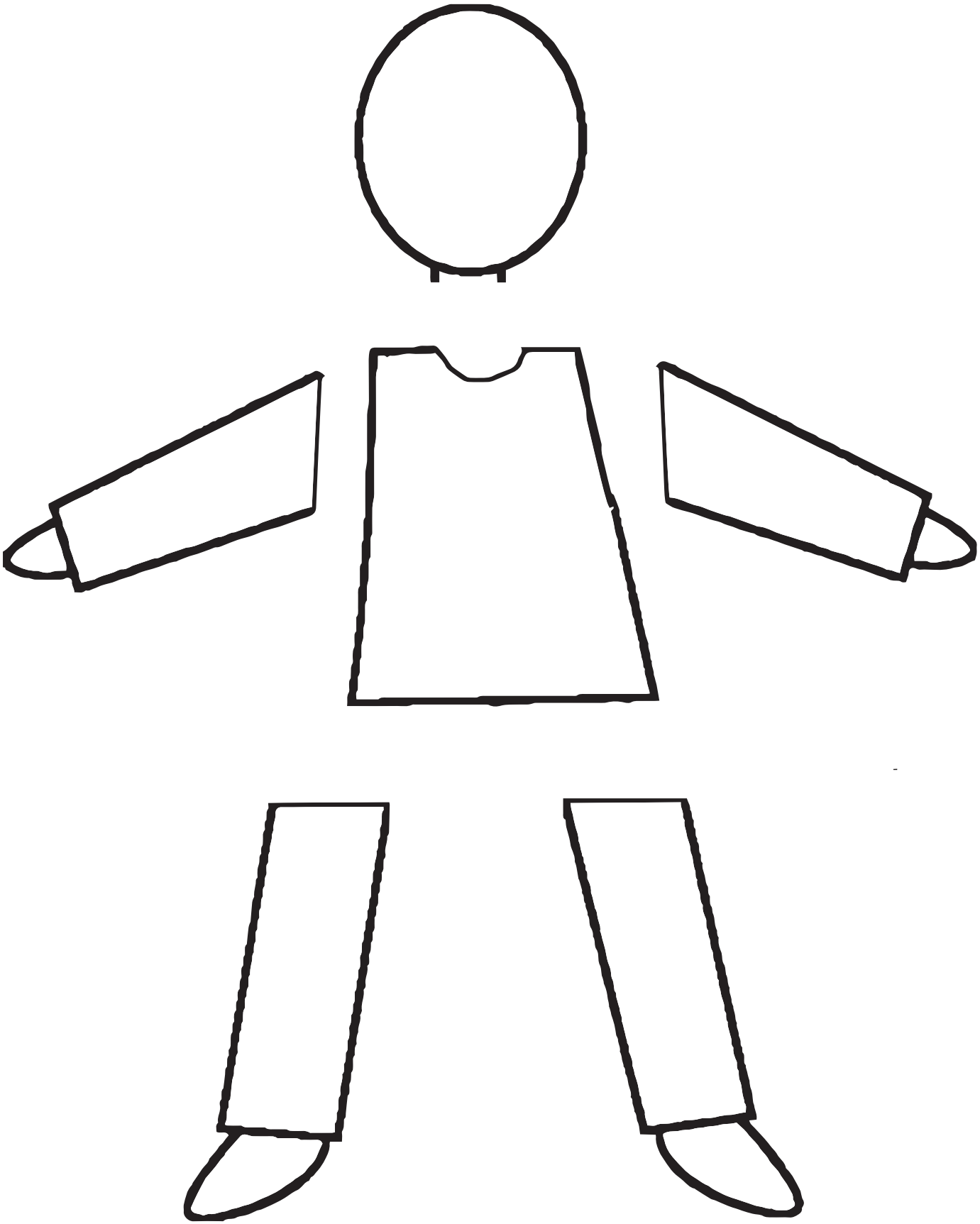
Suggested Ages: 5+

Materials:

- Body parts template (attached)
- Construction paper
- Scissors
- Gluestick

Procedure:

1. **SAY:** As we learned from the ayah, making peace between friends is very important. Friendship is a very important relationship, and it matters whom we choose to be our friends. What are qualities of a good friend? (Wait for answers.)
2. **SAY:** Yes! Good friends have qualities that remind us of Allah. They remind us to do those things that Allah likes, such as share, care, are patient, help each other, and are honest, kind, and loving. In addition to looking for friends who have these qualities, we, ourselves, should try to have these qualities. Today, we are going to build a good friend that Allah would like us to have and will remind us every day what a good friend is like.
3. At this time, pass out the body parts template. In each body part, children should write a good quality of a friend.
4. Then, they will paste the cutouts together on construction paper to complete the picture of a good, peaceful friend. "Qualities of a Good Friend"



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Topic: Peace and Friendship

"And (making) peace is better."

Suratul Nisa (4), Verse 128

﴿وَالصُّلْحُ خَيْرٌ﴾

"Wassulhu Khayr"

Lesson 2

The Grace of Allah

OBJECTIVE

Students will learn that all good things come from Allah, and we should be thankful to Him.

هَـٰذَا مِن فَضْلِ رَبِّي

Transliteration: Haadha min fadhli Rabbee
Translation: This is by the grace of my Lord
Ayah Source: Surah an-Naml, Verse 40 (27:40)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "Today, we are going to be talking about all the wonderful things we have in our lives. Who gave us all these great things?" "Yes, Allah! Can you help me think of some things you are thankful for?"
3. ***Make a list:*** Together with your students, make a quick list (or pictures) as you jot down all the ideas shared by the students. (e.g., toys, parents, the Quran, the Imams, our house, food, etc.)
4. ***SAY:*** "We are going to learn a new and special ayah today. I want you to listen carefully and guess what the ayah is about."
5. ***Show and recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***Read translation (slowly and clearly):*** "Now, I will read *what* this ayah means."
7. ***ASK:*** "Who does the ayah say gave us all of these things?" (Lord) "Yes! Who is our Lord?" (Allah!)

Topic: The Grace of Allah

"This is by the grace of my Lord."
Suratul Naml (27), Verse 40

﴿هَـٰذَا مِنْ فَضْلِ رَبِّـي﴾
"Haadha min Fadhli Rabbee"

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

"[INSERT NAME] was a happy boy. He lived in a beautiful house with a huge garden and had lots of friends to play with. However, [INSERT NAME] 's parents did not have a car, so he would walk to school every day. His school was very far, and [INSERT NAME] sometimes had lots of books to carry with him. Everyday, he would walk one hour to his school and one hour back. Some days were very hot, and [INSERT NAME] would be very sweaty and tired by the time he got home. Sometimes, he would be so tired when he came home that he would go straight to bed and forget to do his homework! However, [INSERT NAME] never complained and would always thank Allah for everything he *did* have. One day, [INSERT NAME]'s mama and baba called him downstairs.

"Allah has blessed us with another gift! We were able to put our money together and buy a simple car. Now, you will no longer have to walk to school, and we can drive you!"

[INSERT NAME] was so happy! Alhamdullilah! [READ AYAH WITH GESTURES] Surely, this is by the grace of my Lord, Allah!"

"We learned today that Allah says in the Quran that (read ayah with gestures.) All the wonderful things in our lives come from Him, and we should be thankful to Allah!!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
   Example: When you show the action for 'du'a hands and point to self' be sure to say the Arabic (*Rabbee*) and translation (Lord) so that students can associate the sign with the Arabic word and English meaning.

Point to everything (Haadha)

Hold hands in du'a, looking up (Min fadhli)

Point up (Rabbee)

3. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
4. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
5. ***Students Share:*** Encourage a few students to share and give positive feedback.
6. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

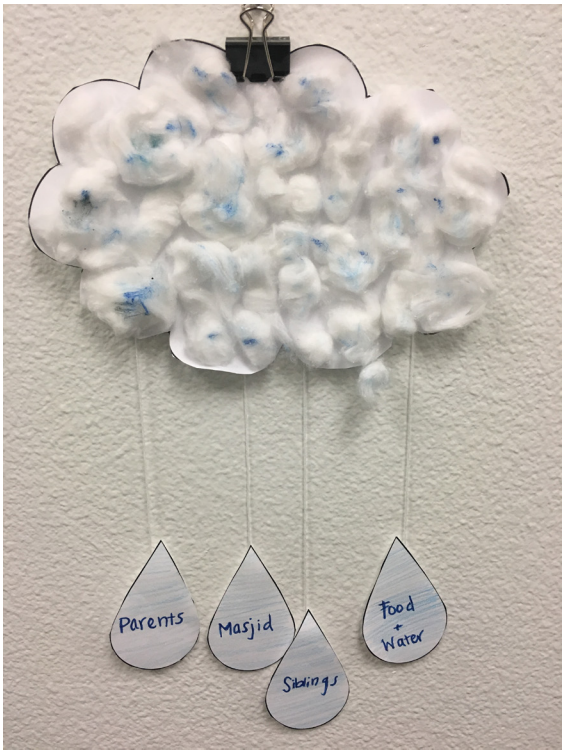
STEP 4: DISCUSSION

1. Have students sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - We have to remember all the blessings, gifts, and things we have today are from Allah. Everything is from Allah. In fact, He made us and gave us Prophets and Imams to guide us — that is the biggest blessing of all!
   - He is so nice that He has promised us that if we make good choices and thank Him, He will give us even more!
   - Ask students to name some things that are from Allah.
   - Even the toy you got from the store is from Allah. How? (Let students guess). Good, all the parts of the toy, the strength, energy, and brain of the toy maker are from Allah!
   - We should never think we are better than someone else because of what we have, because it is not from us; Allah gave it to us.
   - We should try to share what we have with other people. Remember, Allah will give you *thawaab* (reward) and give you more inshaAllah.
   - Did you know some of the evil kings, like Pharoh, forgot Allah and thought *they* made everything?
   - Did you know we had a Prophet named Prophet Sulayman (A)? Allah gave him the entire world for his kingdom. Even the birds and animals would listen to him! He had everything! He used to always recite this verse and remind himself that everything he had was from Allah. He would always thank Allah, and Allah would give him even more!

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

The Grace of Allah



Objective: Children will recognize and count some of the blessings of Allah in our life.

Time: 40 minutes

Suggested Ages: 5+

Materials:

- Cloud and raindrops template (Attached)
- Fishing line or white string
- Pencils
- Colored pencils/crayons
- Scissors
- Tape
- Elmer's glue
- Cotton balls

Procedure:

1. **SAY:** Alhamdulillah, Allah has blessed us with so much! What are some blessings given to us by Allah? (Wait for answers.)
2. **SAY:** MashaAllah! Food, water, our houses, our parents, our body, our mind, our eyes, our ears, and so many other things are due to the grace of Allah. Allah really showers us with His blessings! Especially in this month, the blessed month of Ramadhan, Allah's blessings are raining down upon us!
3. **SAY:** Today, we are going to remind ourselves of all these blessings and thank Allah for them!
4. At this time, pass out a cloud and raindrop template to each child.
5. Give 5-6 cotton balls to each child, and have them glue them onto the cloud. Wait for it to dry.
6. Then, inside each raindrop, they should write down one of the blessings given to them by Allah. Then, they should color the raindrops.
7. Next, have them cut out the raindrops and cloud.
8. Next, tape a piece of fishing line/string on the back of each rain drop and then tape the other end to the back of the cloud. See picture for finished result.

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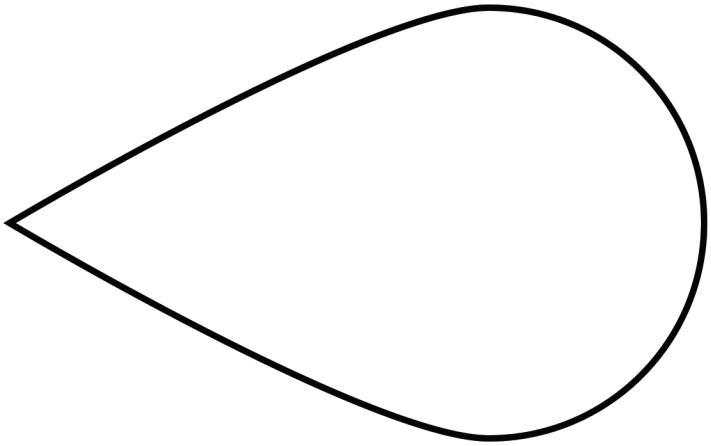
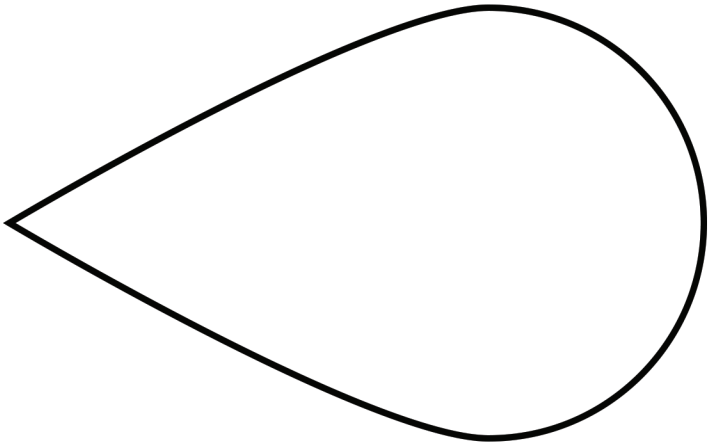
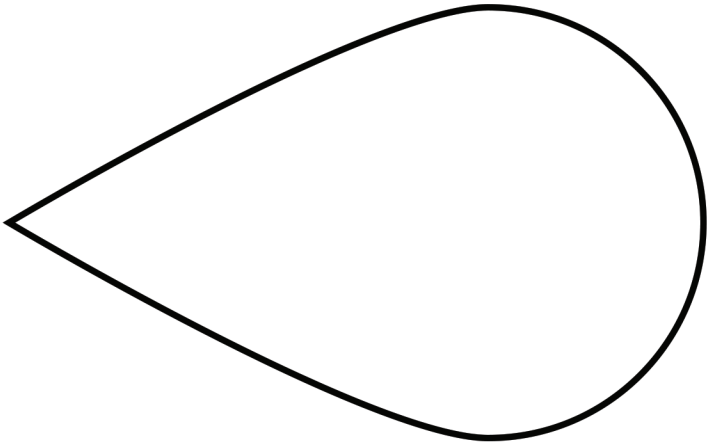
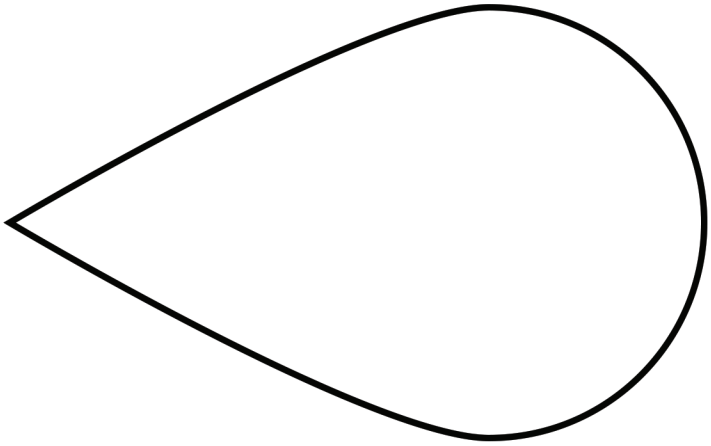
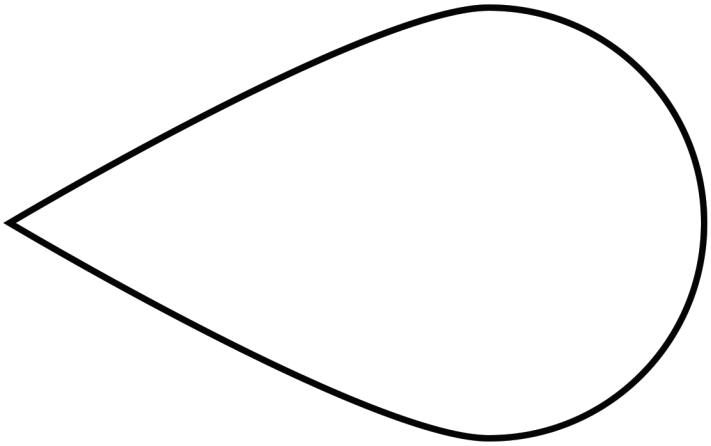
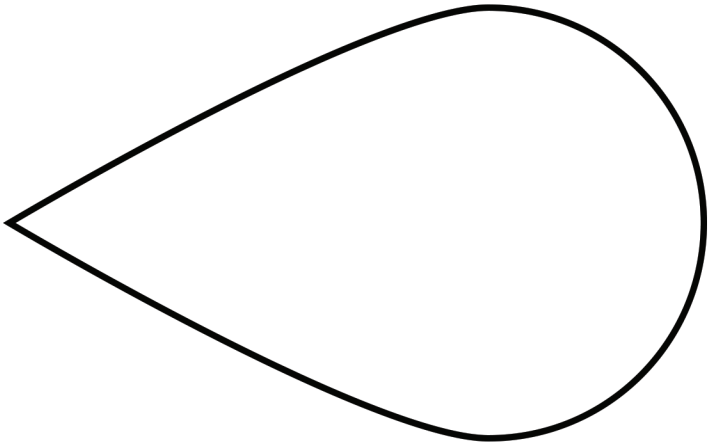

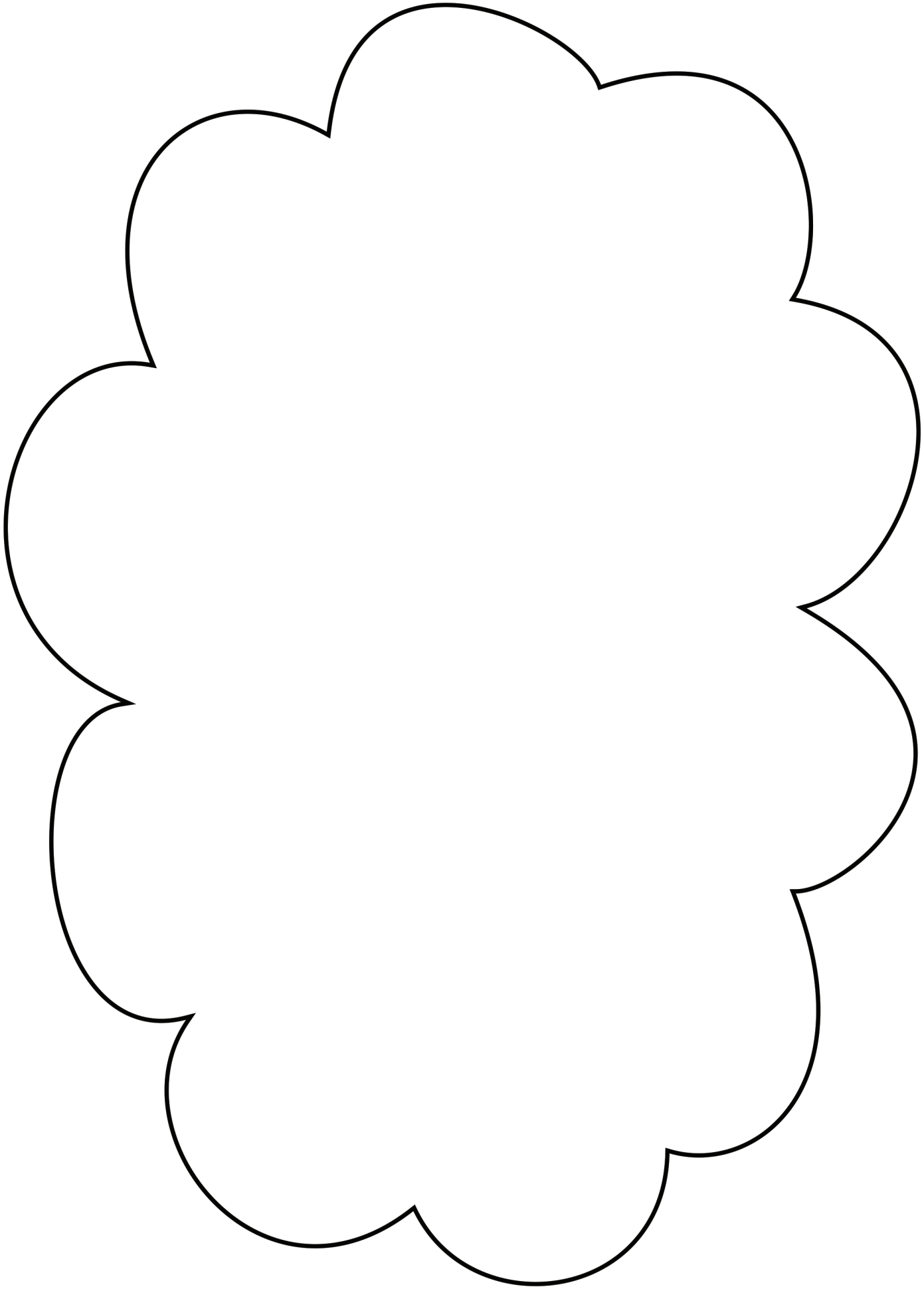

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Topic: The Grace of Allah

"This is by the grace of my Lord."

Suratul Naml (27), Verse 40

﴿هَـٰذَا مِنْ فَضْلِ رَبِّـي﴾

"Haadha min Fadhli Rabbee"

Lesson 3

Praying for Knowledge

OBJECTIVE

Students will learn about the importance of praying to Allah, especially to increase their knowledge.

رَبِّ زِدْنِي عِلْمًا

Transliteration: Rabbi Zidnee Ilmaa
Translation: O (my) Lord! Increase me in knowledge
Ayah Source: Surah Taha, Verse 114 (20:114)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "Have you ever felt like you're stuck and need help with something you're working on? Have you ever felt like something is just too hard for you to do?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard. (e.g., math problem, homework, fixing bike, reading etc.)
4. ***SAY:*** "Whenever we need help, whom should we ask for help?" (Students should say Allah.) "Good! We should pray to Allah for help. One of the ways Allah helps us is by giving us people who can help us, like our parents, teachers, uncles, aunts, grandparents."
5. ***SAY:*** "We are going to be learning a new and special ayah today and I want you to listen carefully."
6. ***Show and recite:*** Show the picture as you slowly and clearly recite the ayah in Arabic.
7. ***ASK:*** "Who do you think we should go to when we need help learning something?" Students, using the image as a clue, will most likely respond with a variation of people. Clarify that yes, Allah has blessed us with these people to help us.
8. ***Read translation (slowly and clearly):*** "Now I will read *what* this ayah means."

Topic: Praying for an Increase in Knowledge!

"O (my) Lord! Increase me in knowledge!"
Surat Taha (20) Verse 114

﴿رَبِّ زِدْنِي عِلْماً﴾
"Rabbi Zidnee Ilmaa"

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

One day, [INSERT NAME] was walking back and forth in his room. He was so nervous! You see, tomorrow was show and tell! It was his turn to present, and he was going to talk all about his special aqeeq ring that he got from Ziyaarah. He couldn't wait to share all the awesome stories and things he had seen on his trip, but now he felt so nervous and couldn't remember anything! What was he going to do?! What if his friends laughed at him because he forgot what to say?

That night, his mommy came to tuck him in. "Dear, why do you look so unhappy? What's wrong?"

"Oh Mommy, I'm so nervous! I really want tomorrow's show and tell to go well, but I'm afraid I won't remember all the things I wanted to say!"

"Ah, it's normal to feel nervous, but I have just the thing to help you feel better."

"Really? Is it a trick?"

"Even better," said mommy, "It's a prayer. Allah says if we recite (recite verse with gestures), He will increase our knowledge, and inshaAllah you will remember everything you need to for tomorrow!"

[INSERT NAME] was so happy! "Thank you mommy!" He thought about what his mom said, and realized that Allah is the Most Powerful and the best One to ask help from. He sincerely made du'a, "O' Allah, [recite verse] and help me learn more about the Imam that I went to visit. And tomorrow, let my friends learn from my stories!" He felt a lot better after making this du'a, and knew for sure that Allah was going to help him. He fell asleep with a big smile on his face.

The next day, he went up in front of his class and gave the best show and tell ever! His teacher and friends were so impressed, and everyone wanted to go for Ziyaarah! After his presentation, he thanked Allah and said, "Thank you Allah, surely you increased my knowledge and helped my friends increase their knowledge!"

*If needed, discuss what the term 'Ziyaarah' means before starting this story

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic and the meaning. ***Example:*** When you show the action 'hand on head,' be sure to say the Arabic (ilmaa) and translation (knowledge) so that students can associate the sign with the Arabic word and English meaning.

Point up (Rabbi)

Move hands up to show higher levels (Zidnee)

Move hands up to show higher levels (Zidnee)

Put hand on head (Ilmaa)

3. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
4. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
5. ***Students Share:*** Encourage a few students to share and give positive feedback.
6. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

1. Have children sit in a circle and jot down students' responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - One of our special duas to Allah should be that He gives us more knowledge. After salaah, you can go to sajdah and ask Allah this special dua for more knowledge. (If students are confused by the term 'knowledge' please discuss it before moving forward)
   - Knowledge is very important in Islam. Did you know the Holy Prophet (S) said that if a day ended and he did not learn something new that day, it was not a good day for him.
   - Why do you think knowledge is important?
     - It helps us understand things
     - It helps us in school so we can help others when we grow older, live as good Muslims, and get closer to Allah.
   - In addition to asking Allah to give us knowledge, we also have to try our best to learn and gain knowledge. What are some ways you can learn?

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

Praying for Knowledge

Objective: Children will develop a love for learning and gaining knowledge and learn about the importance.

Time: 40 minutes

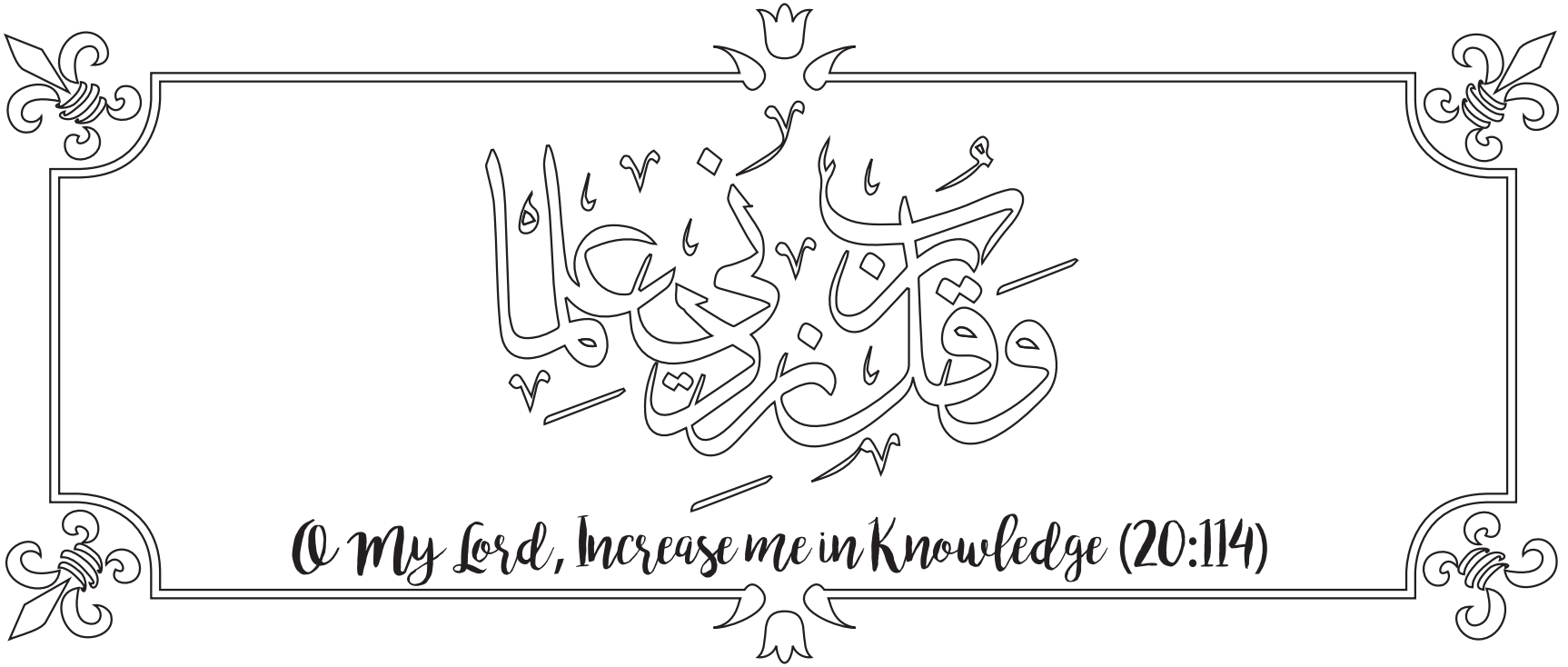
Suggested Ages: 5+

Materials:

- Bookmark template, printed on cardstock (attached)
- Crayons/colored pencils
- Hole puncher
- Ribbon or yarn
- Laminating pouches and machine (optional)

Procedure:

1. **SAY:** As we learned, seeking good knowledge (that brings us closer to Allah) is very important, and we should always try to learn more! Allah loves this! What are some ways we can increase our knowledge? (Wait for answers.)
2. **SAY:** Great answers! One of the best ways we can increase our knowledge is by reading good books! Books help us learn more and improve our knowledge. What types of books do you like? (Wait for answers.)
3. **SAY:** Excellent! So, today, we are going to make "Rabbi Zidnee 'Ilma" bookmarks! We can use these when reading to help us keep our place. InshaAllah, with the help of Allah, this will help us learn more and increase our knowledge!
4. At this time, pass out a bookmark template to each child. Ask them to color the bookmark the way they'd like.
5. *Optional:* laminate the bookmark.
6. Finally, help them punch a hole at the top of their bookmark and tie a ribbon or yarn through it.


وَقُل رَّبِّ زِدْنِي عِلْمًا
O My Lord, Increase me in Knowledge (20:114)

وَقُل رَّبِّ زِدْنِي عِلْمًا
O My Lord, Increase me in Knowledge (20:114)

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Topic: Praying for an Increase in Knowledge!

"O (my) Lord! Increase me in knowledge!"

Surat Taha (20)
Verse 114

﴿رَبِّ زِدْنِي عِلْماً﴾

"Rabbi Zidnee Ilmaa"

Lesson 5 Cleanliness

OBJECTIVE

Students will learn about the importance of cleanliness and purity, and learn the ayah.

وَٱللَّـهُ يُحِبُّ ٱلْمُطَّهِّرِينَ

Transliteration: Wallahu Yuhibbul Muttahhireen
Translation: ...And Allah loves those who become pure and clean
Ayah Source: Surah at-Tawba, Verse 109 (9:108)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "We are going to be talking about cleanliness today. Is it important for things to be clean? Why? What does it mean to be clean?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard. (e.g. washing hands and face, cleaning room, cleaning up after ourselves, cutting our nails, etc.)
4. ***SAY:*** "We are going to be learning a new and special ayah today about being clean."
5. ***Show and recite:*** Show the picture as you slowly and clearly recite the ayah in Arabic.
6. ***ASK:*** "In this ayah, what kind of person do you think Allah loves?" Students, using the image as a clue, will most likely respond "a clean person!"
7. ***Read translation (slowly and clearly):*** "Now I will read *what* this ayah means."

Topic: Keeping Ourselves Clean

"And Allah loves those who become pure and clean."
Suratul Tawbah (9) Verse 108

﴿وَاللَّهُ يُحِبُّ الْمُطَّهِّرِينَ﴾

"Wallahu Yuhibbul Muttahhireen."

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

There was once a little boy named [INSERT NAME] who played all day. At school, he would play in the sandbox, slide down the tallest slide, go high on the swings, and look for caterpillars in the grass. During art class, instead of a paintbrush, he loved to dip his fingers in all the paint and rub them on his desk to make a picture. At lunchtime, he would quickly gobble down his food with both hands, without washing them first. At home, he played in the yard until the sun went down, and his mom called him inside for dinner. When it was time to take a bath, [INSERT NAME]'s dad had to chase him all over the house, and would give up before he could catch him. [INSERT NAME] was thankful to Allah for all the fun he was able to have each day, but he did not realize that Allah loves those who are clean.

One day, a new student named [INSERT NAME] joined [KID #1] class. [KID #2] was extremely clean — his backpack and desk were neat, he used a paintbrush, and he washed his hands after playing. [KID #1] didn't understand why he did all this. Wasn't it more fun to play in the dirt than waste time washing hands?

The next day, [KID #1] decided to ask [KID #2] why he worked so hard to be clean.

'Haven't you heard the ayah [Read ayah with gestures] — Allah loves those who are pure and clean like our Prophet (S)?'

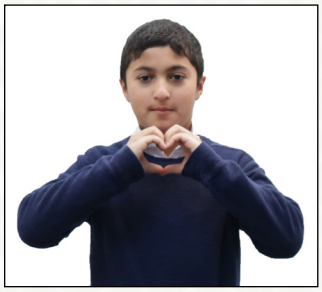
[KID #1] loved Allah and the Prophet (S) and wanted them to love him, too. From that day onwards, he decided to try his very best to be clean and pure, too. That night, when it was time for his bath, his dad didn't have to chase him. [KID #1] happily jumped in the bathtub and rubbed soap all over his head so he could also be clean just like Allah has asked us to be.

We learned today that Allah says in the Quran that [read ayah with gestures]. We always want to be clean so we can make Allah happy!

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic and the meaning.
   Example: When you show the action 'scrubbing body to show cleaning,' be sure to say the Arabic (muttahhireen) and translation (pure and clean) so that students can associate the sign with the Arabic word and English meaning.

Point and look up (Wallahu)



Make a heart (Yuhibbul)

Scrub yourself (Muttahhireen)

3. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
4. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
5. ***Students Share:*** Encourage a few students to share and give positive feedback.
6. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

1. Have children sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - Allah created us, takes care of us, knows what is best for us, and He has told us to keep ourselves clean.
   - It's okay to get dirty, but when it's time to wash up, we should keep our bodies and our clothes clean. (For example: before eating, before sleeping, before coming to the masjid, etc.)
   - Did you know that when we keep our bodies and clothes clean because Allah loves it He will give us rewards in Jannah?!
   - What are some ways we can be clean in school? At home? *(jot down ideas)*
     - *Examples:* cleaning up our trash, washing our hands, cleaning our desk, cleaning our toys at home, etc.
   - What are some things Allah has asked us to do to be clean?
     - *Examples:* taking a shower often, especially on Fridays, cutting our nails on Fridays, putting on perfume, doing wudhu before praying
   - The Prophet (S) and Ahlul Bayt (A) are role models for us in cleanliness - the Prophet (S) for example always washed his hands before and after eating.

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

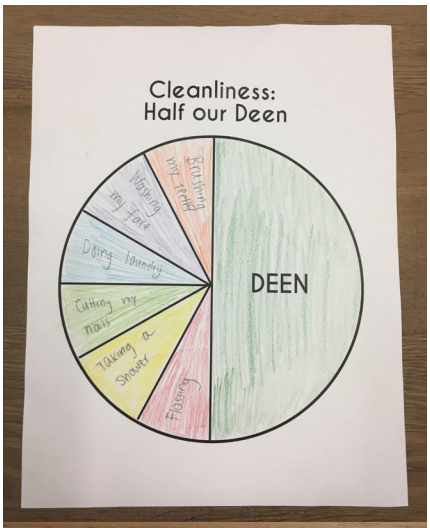
Cleanliness

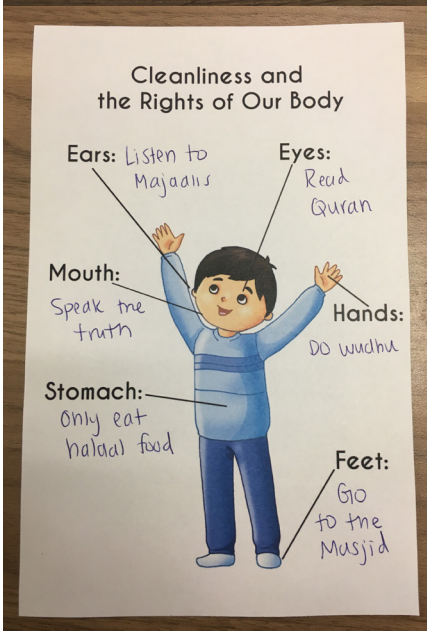
Objective: Based on a Quranic verse, students will learn some practical ways of keeping their clothes and bodies clean.

Time: 45 minutes

Suggested Age: 5 +

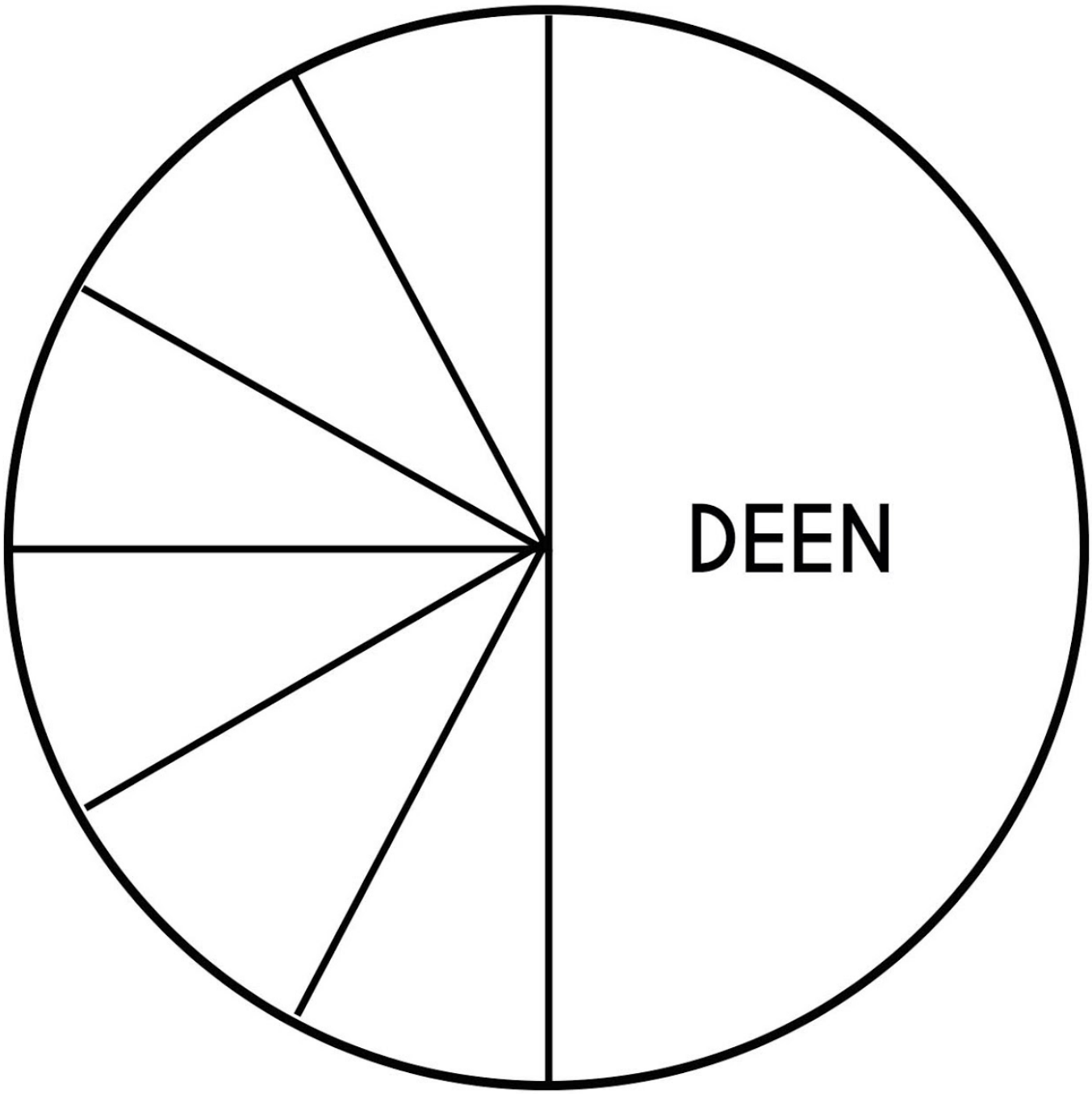
Materials:
- Pie chart worksheet
- Cleanliness and the Rights of our Body worksheet
- Green crayons
- Pencils



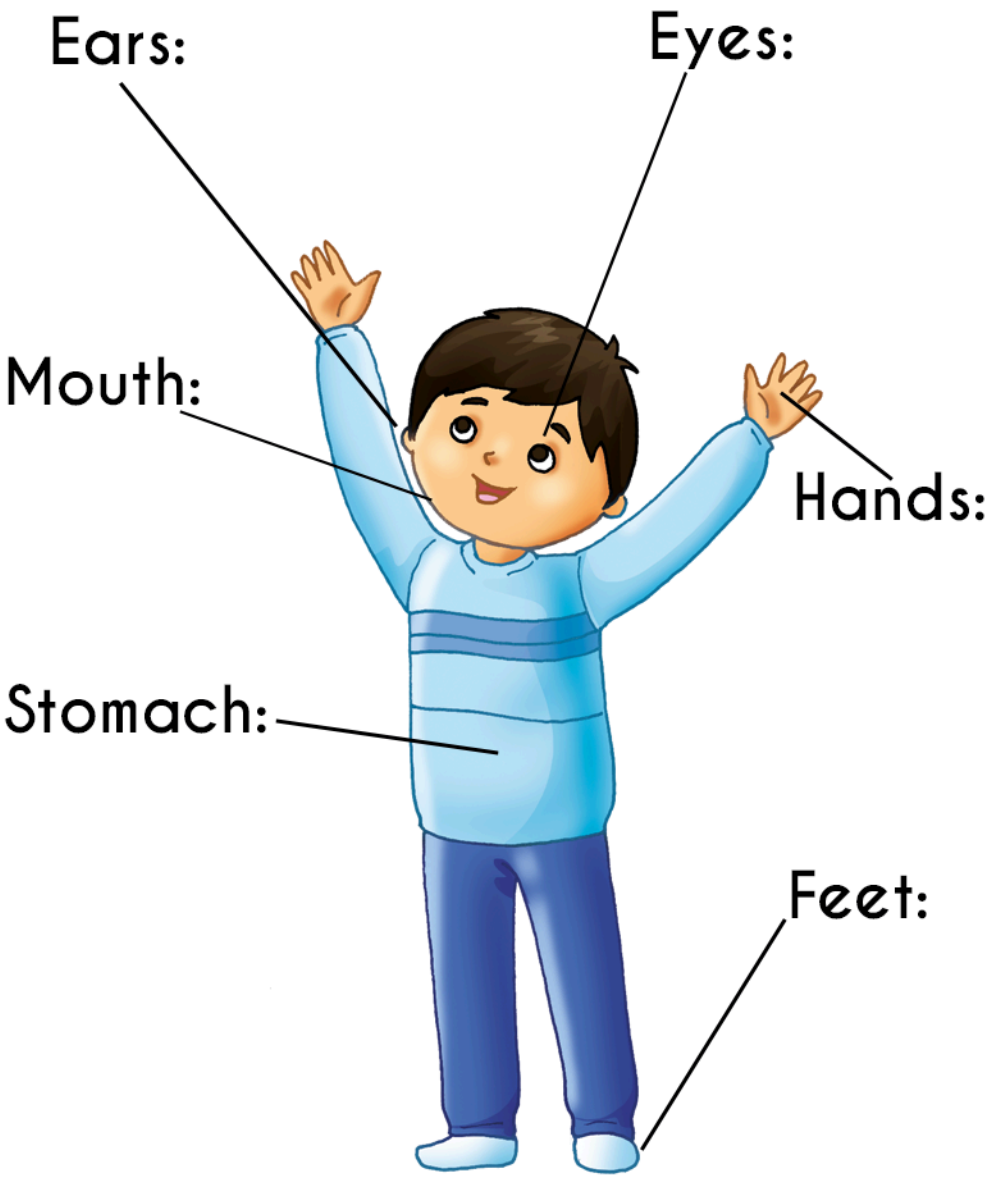


Procedure:
1. **SAY:** Did you know that according to ahadith, cleanliness is half of our deen? Does anyone know what *deen* is? (Wait for answers.)
2. **SAY:** Yes, very good! *Deen* means religion! What is our religion? (Wait for answers.)
3. Yes, we are all Muslims! And cleanliness is so important that it's equal to half of our religion! Let's see what this looks like.
4. At this time, hand out the pie chart worksheet. Ask children to color half of the pie green, which will be symbolic for *deen* (Islam).
5. The remaining sections can be filled in by the children with different ways we can keep ourselves clean (Cleaning our teeth, clothes, hands, hair, nails, socks, shoes, etc.)
6. **SAY:** Cleanliness doesn't just stop at washing ourselves or making sure we are not dirty. Cleanliness also means keeping our body parts spiritually clean by not doing haraam things, like looking at anything haram, listening to anything haram, etc.
7. **SAY:** Imam as-Sajjad (A) has taught us that we can keep our body parts pure and taahir by making good choices. What are some examples of how you can keep your ears taahir? (Wait for answers.)
8. **SAY:** Good! We can listen to Quran recitation, listen to our parents, and listen to our teachers! Let's see how we can keep the rest of our body parts pure!
9. At this time, pass out a copy of the Cleanliness and the Rights of our Body worksheet to each child. Next to each body part indicated, have them write down how they can make sure they keep that body part tahir. You can do the ears with them, based on what was discussed earlier.
10. When they are done, go over each body part on the paper and ask some children to share what they wrote.

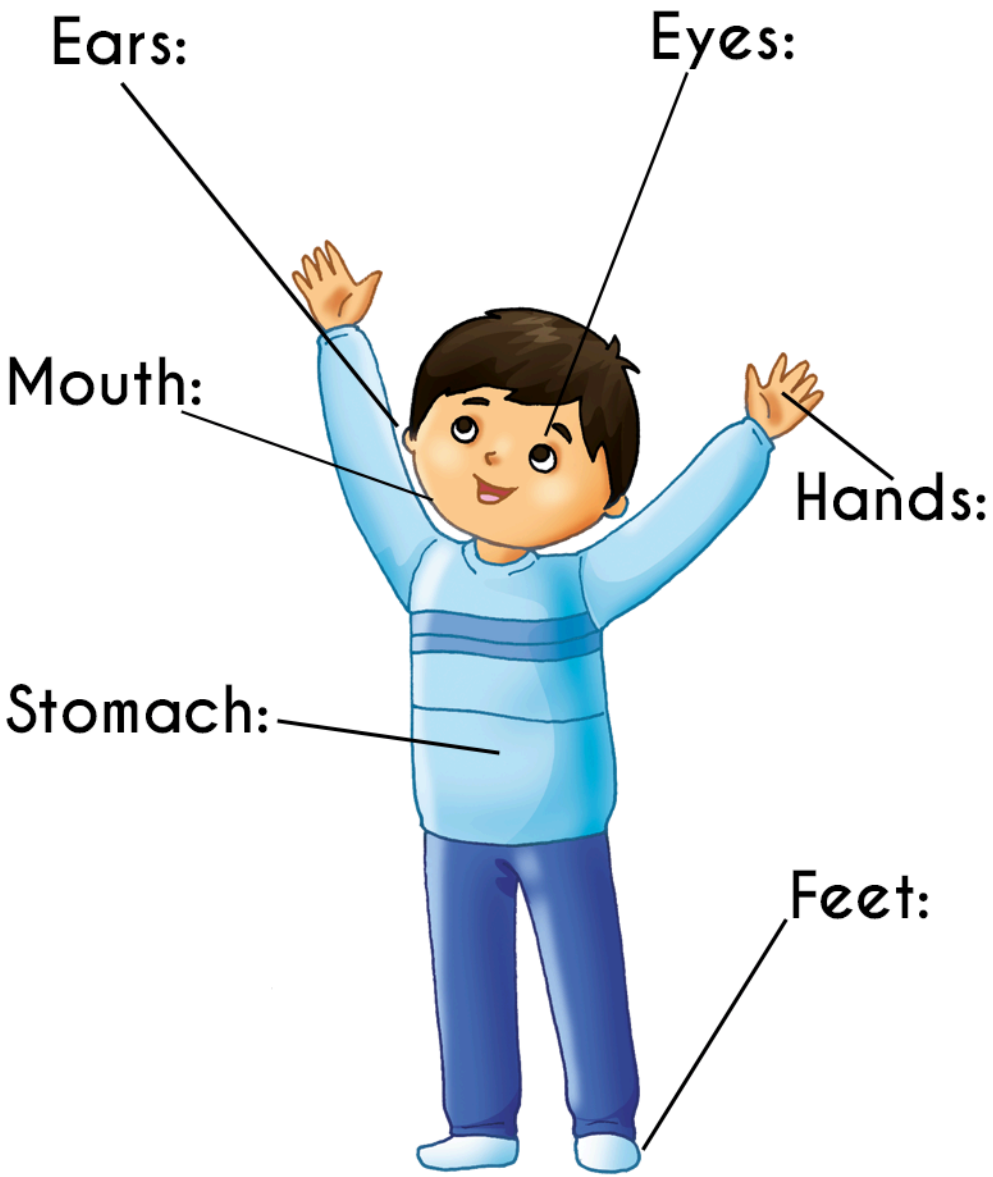
Cleanliness:
Half our Deen



Cleanliness and the Rights of Our Body



Cleanliness and the Rights of Our Body



Topic: Keeping Ourselves Clean

"And Allah loves those who become pure and clean."

Suratul Tawbah (9)
Verse 108

﴿وَاللَّهُ يُحِبُّ الْمُطَّهِّرِينَ﴾

"Wallahu Yuhibbul Muttahhireen."

Lesson 5 Spying on Others

OBJECTIVE

Students will learn about the importance of not spying and memorize the ayah.

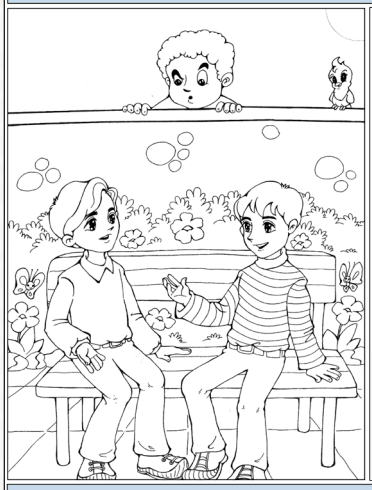
وَ لا تَجَسَّسُوا

Transliteration: Wa la tajas-sasu
Translation: And do not spy (on others)
Ayah Source: Surah al-Hujaraat, Verse 12 (49:12)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "Today, we are going to talk about spying today. What does it mean to spy? Is it good to spy on others? Why or why not?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard. (e.g. listening to things you're not supposed to, following people, trying to hear other people's conversations.)
4. ***SAY:*** "We are going to be learning a new and special ayah today. Listen carefully as I recite the ayah"
5. ***Show and Recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***Read translation slowly and clearly:*** "Now I will read *what* this ayah means."

Topic: Spying on others



"And do not spy (on others)"
Suratul Hujarat (49) Verse 12

﴿وَلَاتَجَسَّسُوا﴾

"Wa Laa Tajas-sasu..."

STEP 2: STORY TIME

Directions:
- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture.

Create and share a story, using variations of what your students said, or use the sample story below:

"This is a story about 3 boys: Ali, Muhammad, and Hasan. Ali and Muhammad have been friends their entire life — they go to the masjid together, their moms are good friends, they both love making puzzles, and they do everything together!

One day, Hasan moved to their town. He became friends with the two boys. The three of them played together everyday, and became closer and closer. Everything was going great, except Muhammad started feeling jealous. He didn't want someone to steal his best friend away from him. And he didn't want to share him either.

Slowly, his behavior started changing. Instead of sharing his toys, he started keeping them for himself. He would leave early and go home when the boys were playing basketball. And sometimes, he would "accidentally" bump into Hasan or "accidentally" hit him with the ball.

Hasan was very kind and considerate. He knew something was wrong. Muhammad was not the same boy he had met when he first moved. He realized Muhammad probably felt a little left out, and thought maybe he was taking his place. So, he decided to do something nice for Muhammad.

Meanwhile, Muhammad was planning something of his own. But it wasn't a good plan. He decided he was going to spy on Hasan and listen to his conversations. Maybe he would hear him say something bad about Ali. Maybe he would hear him say bad words. And when he would hear this, he could tell Ali, and their friendship would be back to normal!

So, Muhammad spied on his friend. But what he found, surprised him. He overheard Hasan talking to Ali about getting him a gift — legos! Hassan remembered his mom telling him about a hadith that says gifts make people become closer to each other. Hassan also wanted to remind Muhammad that he is still important to their friendship. Muhammad sure did feel bad after hearing this!

He immediately apologized to the boys for spying on them, and promised himself that he would try to be kinder and would never, ever spy again!

"We learned today that Allah says in the Quran that [read ayah with gestures]. We always want to make sure we don't spy so we can make Allah happy!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

10

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic and the meaning.
3. ***Example:*** When you show the action 'look around sneakily,' be sure to say the Arabic (tajas-sasu) and translation (spy) so that students can associate the sign with the Arabic word and English meaning.

Wag finger no (Wa la)

Wag finger no (Wa la)

Make binoculars over eyes (Tajas-sasu)

4. ***Group practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
5. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
6. ***Students share:*** Encourage a few students to share and give positive feedback.
7. ***Final practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

10

1. Have students sit in a circle and have teacher jot down student responses..
2. Use the talking points below and encourage an engaging discussion with students:
   - *Tajas-sasu* here is when one is trying to find out bad things about other people.
   - Spying is something that destroys Muslims from being like brothers and sisters. Spying can lead to gossiping (talking bad about someone when they are not there).
     - How?
   - Ask students to act out the following scenarios, first illustrating what NOT to do, and then acting out what they SHOULD do:
     - You are at school and you see someone is in trouble in the principal's office, but you cannot see who it is. What should you do?
     - You see your older sister or brother is talking to your parents privately, but you can't hear what they are talking about. What should you do?
     - You see your mom and dad are whispering about something and you are very curious to find out what it is. What should you do?

STEP 5: ACTIVITY & COLORING

45

Do the activity on the next page. Then, students can color the picture on the following page.

Spying on Others

Objective: Students will understand the importance of using our time to do those deeds which are beneficial to their Iman.

Time: 45 minutes

Suggested Age: 5 +

Materials:

- Magnifying glass worksheet
- Scissors
- Crayons
- Poster or whiteboard

Procedure:

1. **SAY:** Islam teaches us that it is very important that we use our time to do good deeds and not waste time! Let's do a fun activity to learn the importance of using our time wisely!
2. Hand out the magnifying glass worksheet. Have the children cut out and color both magnifying glasses.
3. As they are doing this, use a poster board or whiteboard to write down various things which are a good use of time and increase Iman, or are a waste of time and decrease Iman. For example: backbiting, helping parents, oversleeping, praying Salaah, etc. Have at least 10.
4. **SAY:** Great job everyone! As you can see, one of these magnifying glasses says, "I spy with my little eye, something that will be a good use of my time and will bring me closer to Allah!" The other one says, "I spy with my little eye, something that will be a waste of my time and will take me away from Allah!"
5. **SAY:** Hold the "good use of time" magnifying glass in your right hand and the "waste of time" magnifying glass in your left.
6. **SAY:** When I point at one of the items on the board and read it out loud, you should lift the "good use of time" magnifying glass if it is a good deed that will bring you closer to Allah, and the "waste of time" magnifying glass if it will keep you away from Allah.

I spy
with my little eye:
Something that will be
a good use of time
and will bring me
closer to Allah!
I spy
with my little eye:
Something that will be
a waste of time
and will keep me
away from Allah!

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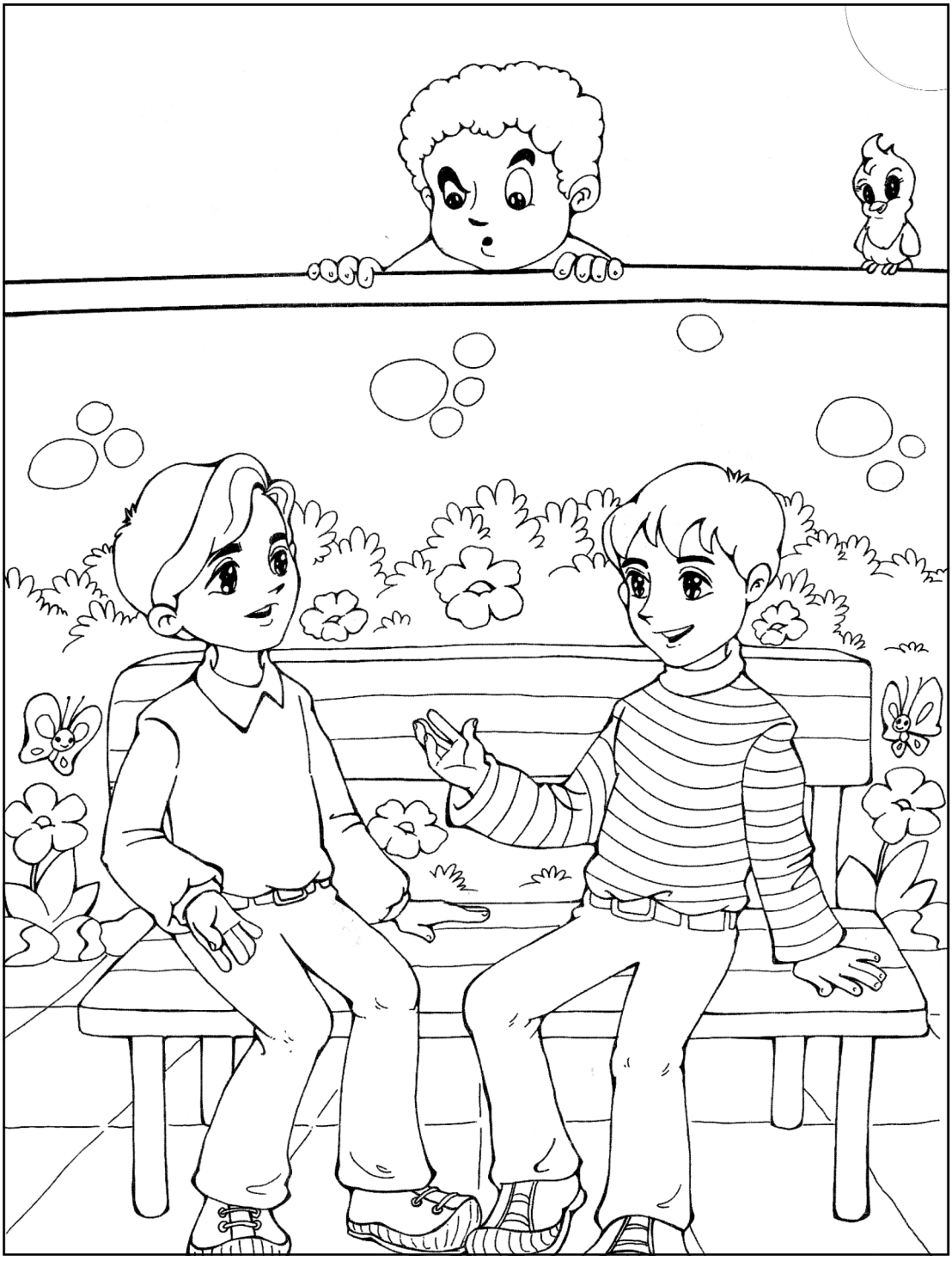
Topic: Spying on others



"And do not spy (on others)"

Suratul Hujarat (49)
Verse 12

﴿وَلَا تَجَسَّسُوا﴾

"Wa Laa Tajas-sasu..."

Lesson 6

Entering After Being Invited

OBJECTIVE

Students will learn about the importance of asking for permission before entering, and learn the ayah.

إِذَا دُعِيتُمْ فَادْخُلُوا

Transliteration: Idhaa Du'eetum Fadkhuloo
Translation: After you are invited, then enter (into the person's house or room)
Ayah Source: Surah al-Ahzab, Verse 53 (33:53)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "We are going to be talking about asking for permission today. Why should we ask for permission before entering someone's room or house?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard. (e.g. they may not be home, they may not be ready for us, they may be doing something they don't want us to know about, etc.)
4. ***SAY:*** "We are going to be learning a new and special ayah today. I want you to listen carefully and guess what the ayah is about."
5. ***Show and recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***ASK:*** "In this ayah, what is Allah commanding us to do?" Students, using the image as a clue, will most likely respond "ask permission!"
7. ***Read translation (slowly and clearly):*** "Now I will read *what* this ayah means."

Topic: Entering after being Invited

"After you are invited, then enter (into the person's house or room)."
Suratul Ahzab (33) Verse 53

﴿إِذَا دُعِيتُمْ فَادْخُلُوا﴾

"Idhaa Du'eetum Fadkhuloo"

STEP 2: STORY TIME

Directions:
- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

"The Khalil Family was made up of Mama, Baba, Zahra, and Sadiq. Zahra and Sadiq were very close and spent a lot of time together. But, unfortunately, they also had moments where they fought.
Sadiq could sometimes be an annoying little brother, who was always curious to know what Zahra was doing. Zahra did not have anything to hide, but at the same time, she didn't want Sadiq hearing her conversations with her friends.
Unfortunately, Sadiq did not understand. When he saw it bothered Zahra, he did it even more! Until one day, when their little cousin came over from Louisiana. Their cousin, Haniya, was a little younger than Sadiq, and just as annoying. She looked up to Sadiq and admired him, so she liked to followed Sadiq everywhere! She went to his room, she tagged along to the kitchen, she even tried to follow him into the bathroom! That was where Sadiq put his foot down.
"Stop following me! It's not nice! You can't be everywhere that I am, or follow me around everywhere, or see all my things!"
Haniya did not understand. "But why not? Are you hiding something? If you are, I'm going to tell!!!!"
Sadiq was so annoyed. Right then, he noticed Zahra watching from her room door, smiling. Now he understood. Even though Zahra had nothing to hide, she did not like him going through her things or listening to her conversations. She did not want him in her room without her permission, and she did not want him to use her things without asking.
From then on, Sadiq gave Zahra her privacy, and he always knocked when he wanted to come in. His Baba was very proud of him for learning this valuable lesson."
"We learned today that Allah says in the Quran that [read ayah with gestures]. We always want to ask for permission so we can make Allah happy!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

10

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
3. ***Example:*** When you show the action 'Signaling to come over with one hand,' be sure to say the Arabic (du'eetum) and translation (you are invited) so that students can associate the sign with the Arabic word and English meaning.

Invite someone (Idhaa du'eetum)

Turn pretend doorknob (Fadkhuloo)

Turn pretend doorknob (Fadkhuloo)

4. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
5. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
6. ***Students Share:*** Encourage a few students to share and give positive feedback.
7. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

10

1. Have students sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - Allah respects all people and so He likes it when we ask for permission before going in somewhere or taking something.
   - This verse is teaching those who lived at the time of the Prophet (S) that they should ask for permission before entering the Prophet's house. Even now, when we visit the Prophet's or the Imams' (A) shrines, we need to seek permission before entering their *harams*, which is called *idhn dukhool*.
   - Islam teaches us not to look through someone's bag or enter someone's room without permission unless you are 100% certain they always give you permission.
   - Ask students about the following scenarios:
     - Your older sister's purse is next to you, and you remember last time you were in the masjid, she had some candy in her bag. What do you do?
     - You are over at your friend's house and a door to one of the rooms is closed. You are very curious about what is inside the room. You notice it is actually a tiny bit open, and maybe you can just look through the crack. What do you do?
     - You are at your friend's house and see some cookies on the counter. What do you do?

STEP 5: ACTIVITY & COLORING

45

Do the activity on the next page. Then, students can color the picture on the following page.

Asking Permission

Objective: Students will understand the importance of asking for permission before using things which belong to others.

Time: 45 minutes

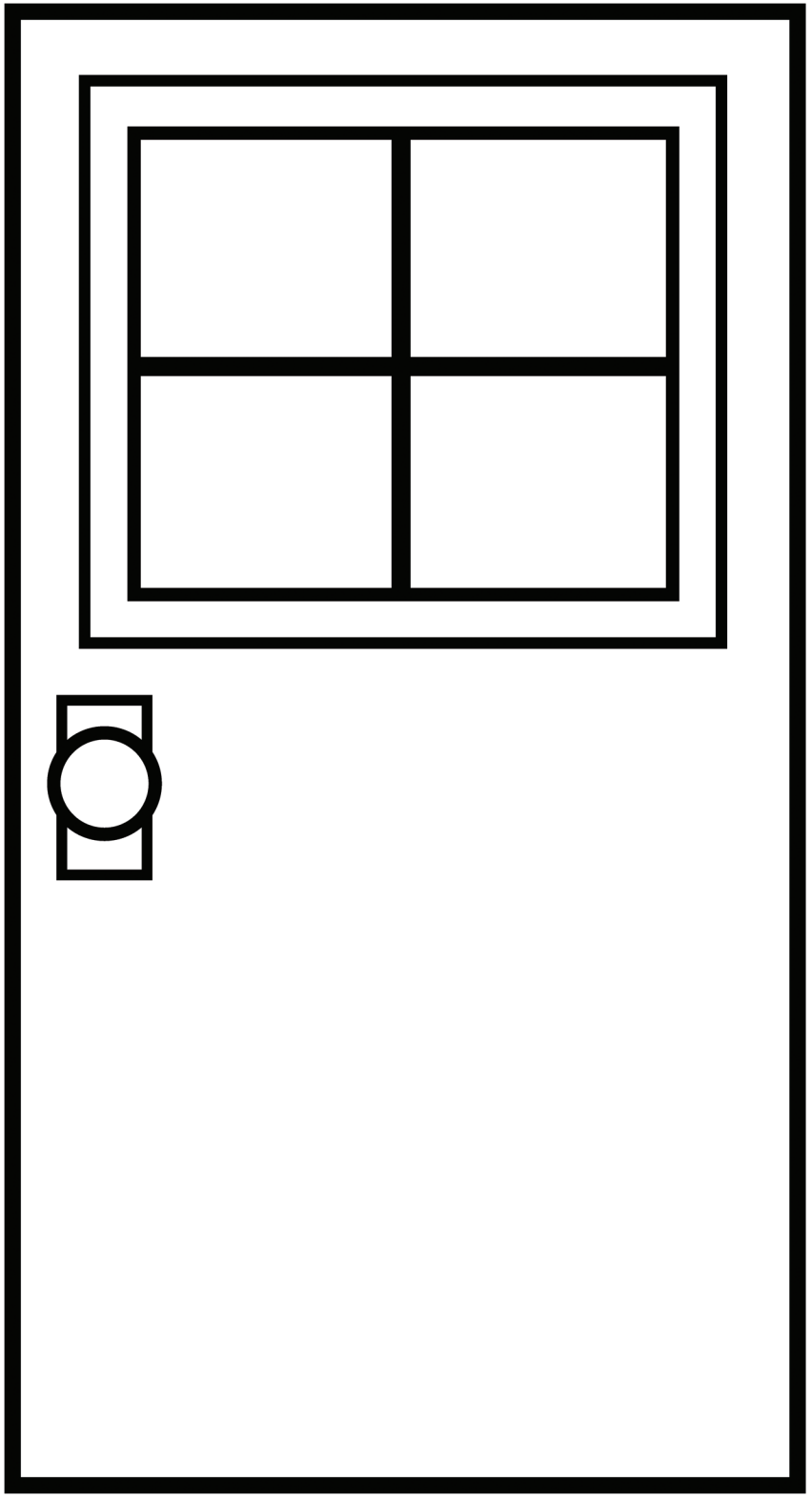
Suggested Age: 5 +

Materials:

- Asking Permission template
- Crayons
- Scissors
- Gluesticks

Procedure:

1. **SAY:** As we've learned, it is wajib to ask for permission before using anything that belongs to someone else, unless you're sure they are ok with your using it. Let's do a fun activity to learn the importance of asking permission!
2. Divide children into groups of 5. Give each group a paper and a pen.
3. **SAY:** When I say go, I want you to list all the things in your life that you ask permission to use. For example, you might ask permission to play with your brother's video games. You must go in a circle and each person needs to write one thing down. Keep going and taking turns for three minutes, which is when I will say stop. Then, we will see who wrote down the most items!
4. Play the game.
5. **SAY:** Good job! Let's have each group share what they wrote down.
6. **SAY:** Now let's do a fun project about the importance of asking permission!
7. Hand out the Asking Permission template.
8. Ask children to cut their paper in half.
9. Then, ask them to color the door and cut it out.
10. Next, have them color in the ayah and try to memorize it and the meaning. They can then glue the door only on the left side, so that when you open it, you see the ayah.



إِذَا دُعِيتُمْ فَادْخُلُوا

“AFTER YOU ARE INVITED, THEN ENTER.”

(Holy Quran 33:53)

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Topic: Entering after being Invited

"After you are invited, then enter (into the person's house or room)."

Suratul Ahzab (33)
Verse 53

﴿إِذَا دُعِيتُمْ فَٱدْخُلُوا﴾

"Idhaa Du'eetum Fadkhuloo"

Lesson 7

Wasting Food and Drink

OBJECTIVE

Students will learn about the importance of not being wasteful, and learn the ayah.

كُلُوا وَاشْرَبُوا وَلَا تُسْرِفُو

Transliteration: Kuloo washraboo wa laa tusrifoo
Translation: Eat and drink, but do not waste!
Ayah Source: Surah al-A'raaf, Verse 31 (7:31)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "We are going to be talking about not wasting today. What does it mean to waste?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard. (e.g. throwing away food, using more than you need, using too much of something, etc.)
4. ***SAY:*** "We are going to be learning a new and special ayah today. I want you to listen carefully and think about what the ayah is about."
5. ***Show and recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***SAY:***, "In this ayah, Allah tells us to eat. How can we show we are thankful to Allah for all the food he has given us?" (Students might say something like "by not wasting!")
7. ***Read translation (slowly and clearly):*** "Now, I will read *what* this ayah means."

Topic: Wasting Food and Drink

"Eat and drink, but do not waste!"
Suratul A'raaf (7)
Verse 31

﴿كُلُواوَٱشۡرَبُواوَلَاتُسۡرِفُوا﴾
"Kuloo Washraboo wa la Tusrifoo."

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

"There was once a little boy named [Insert name] who was very wasteful. Some days, he ate and ate and ate so much that he would have a stomach ache and would not be able to move. Other days, he would find the beautiful fruit basket that his mom prepared, and a take a bite out of every apple until he found the one that had the perfect level of sweetness. When he went into a room in his house, he would turn the lights on, but when he left, he would never turn the lights off. When brushing his teeth, [insert name] would let the water run even when he wasn't using it! Even though Allah had given [name] all the blessings you could imagine, he did not thank Allah for them because he was not careful about wasting.

One day, [boy] met a little girl who was very weak. He went up to her and asked her if she was okay. Her name was [name] and she told him that she had only eaten one date since yesterday because her family did not have enough food. This made [boy] feel very bad, since just that morning he had eaten so much that he could not move.[Girl] shared with him the ayah: Eat and drink, but do not waste. Indeed Allah does not love those who waste. Now [boy] felt terrible. He asked his parents if he could invite the [girl's] family to their house for dinner. They said, "Of course," and gave them plenty of food to take home. From that day on, [boy] ate only as much as he needed, and saved his leftovers for another time. He also started turning lights off when he was not using them, and turning off the water when he wasn't using it.

He never forgot to thank Allah for what he was given because he was very careful not to waste again.

"We learned today that Allah says in the Quran that [read ayah with gestures]. We always want to make sure we don't waste so we can make Allah happy!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. **SAY:** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. **Introduce each sign:** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
3. **Example:** When you show the action 'eat with hands,' be sure to say the Arabic (kuloo) and translation (eat) so that students can associate the sign with the Arabic word and English meaning.

Eat
(Kuloo)

Drink
(Washraboo)

Wag finger no
(Wa laa)

Throw away
(Tusrifoo)

4. **Group Practice:** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
5. **Partner Practice:** Students should practice with a partner, reciting the Arabic with the signs 5 times.
6. **Students Share:** Encourage a few students to share and give positive feedback.
7. **Final Practice:** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

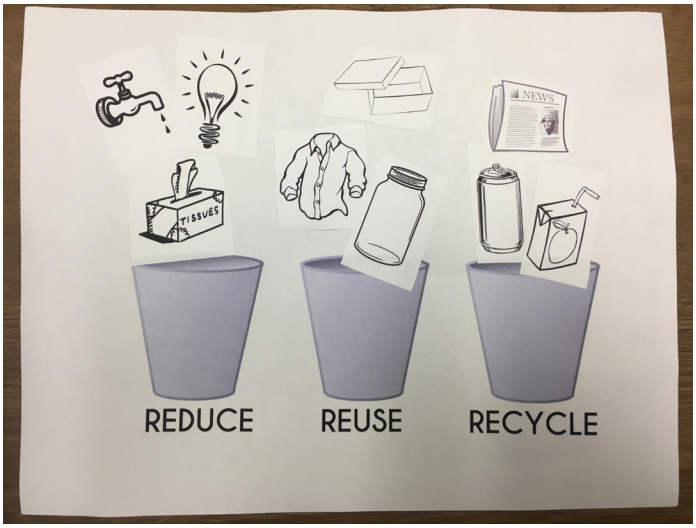
STEP 4: DISCUSSION

1. Have students sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - Allah gave us food and drinks for us to get the energy we need to live.
   - By providing us with food, Allah has given us the opportunity to appreciate His blessings
   - When we throw away food for no reason we are throwing away the gifts Allah gave us! Will that make Allah happy with us?
   - Discuss the differences in food waste here and abroad and between social classes.
   - Ask students about the following scenarios:
     - Your mom packed you a big lunch, but you cannot finish your food. What should you do? (possible answers: take the rest home; see if there is an animal you can feed it to; give it to a homeless person after school; tell your mom it was too much so she can give you less next time)
     - You find a piece of bread on the floor. What do you do? (possible answers: give it to some birds)
     - If you really like some kind of snack but you already are full what should you do? (emphasize they should save it for later because eating too much is also a form of wasting.)
   - Use this verse at snack or lunch time.

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

Wasting Food and Drink



Objective: Based on the Quranic ayah, students will learn how they can reduce their waste.

Time: 20 Minutes

Suggested Ages: 5+

Materials:

- Reduce, reuse, recycle templates (attached)
- Crayons
- Scissors
- Gluesticks

Procedure:

1. Explain to students the concept of Reduce, Reuse, Recycle.
2. **SAY:** In order to help us follow the ayah and not waste food, we can do something called "Reduce, Reuse, Recycle."
    a. Reduce means things which we can use less of, for example don't take a lot of tissues when you wash your hands and need to dry them, or don't leave the light on if you are not in the room.
    b. Reuse means things that can be used for something else, like boxes and jars can hold other things.
    c. Recycle means things which should be recycled: Glass items, papers items, and plastic items are some examples of this.
3. Pass out a copy of the Reduce, Reuse, and Recycle templates to each child.
4. Have them color and cut out the pictures of the different items.
5. Then, have them place the items above the bin they think it belongs in.
6. Go over all the items together to make sure they have each placed correctly. Then have them glue down the items.
    a. **Reduce:** tissues, water, light/electricity
    b. **Reuse:** shirts, cardboard box, glass jar
    c. **Recycle:** newspaper, juice box, soda can
7. When we reduce, reuse, and recycle, we are not wasting, and Allah loves it when we don't waste!

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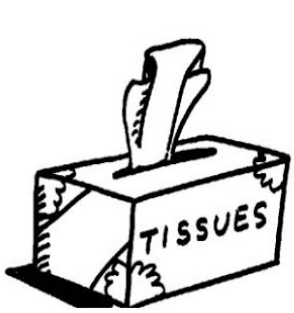
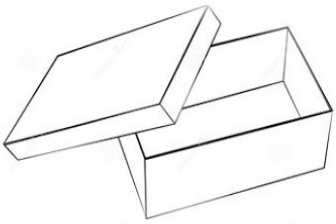
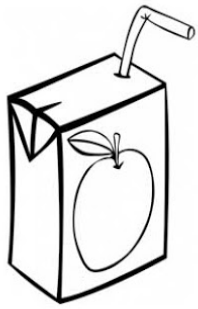
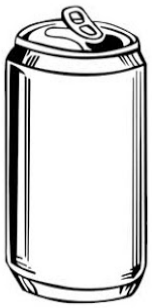
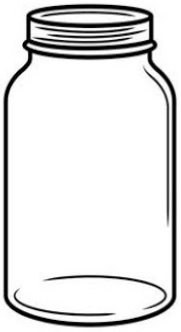

TISSUES

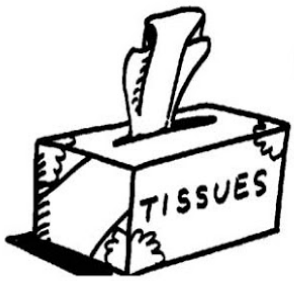
NEWS







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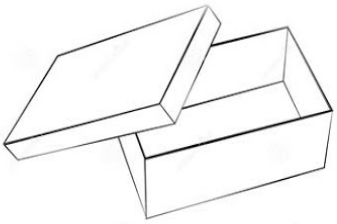
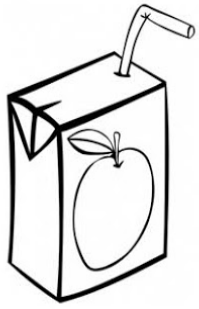
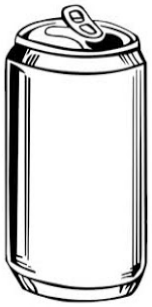
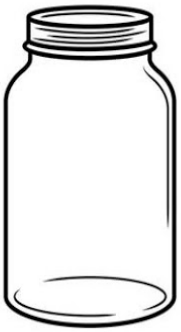








REDUCE
REUSE
RECYCLE

Topic: Wasting Food and Drink

"Eat and drink, but do not waste!"

Suratul A'raaf (7)
Verse 31

﴿كُلُوا وَٱشْرَبُوا وَلَا تُسْرِفُوا﴾

"Kuloo Washraboo wa la Tusrifoo."

Lesson 1

Kindness to Parents

OBJECTIVE

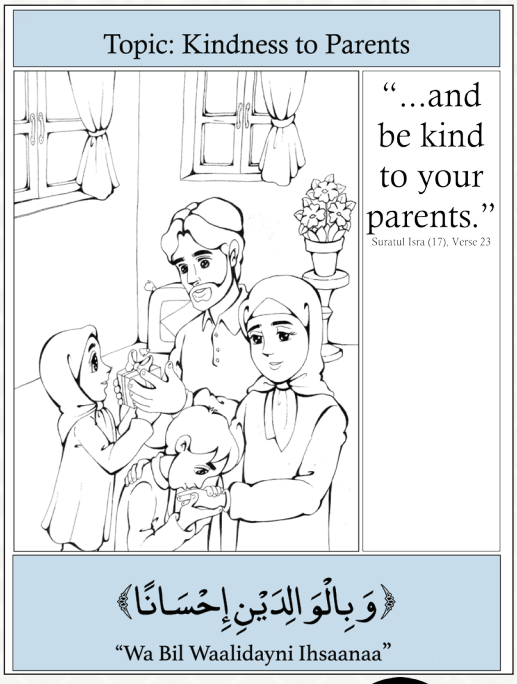
Students will learn about the importance of kindness, especially to parents, and memorize the ayah.

وَبِالْوَالِدَيْنِ إِحْسَانًا

Transliteration: Wa bil walidayni ihsaanaa
Translation: And be kind to your parents
Ayah Source: Surah al-Israa, Verse 23 (17:23)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "We are going to be talking about kindness today. What do you think kindness is?" "What might kindness look like? Does anyone have any examples?" "Do you think kindness is important?" "Now that we know what kindness is, and that it is important, whom do you think we should be kind to?"
3. ***Make a list:*** Together with your students, make a quick list (or pictures) as you jot down their responses to the last questions onto a poster paper or whiteboard. (e.g., teachers, parents, friends, neighbors, nature, etc.)
4. ***SAY***: "We are going to learn a new and special ayah today about kindness, and I want you to guess who it is about. Listen carefully."
5. ***Show and recite:*** Show the picture as you slowly and clearly recite the ayah in Arabic.
6. ***ASK:*** "In this ayah, whom do you think Allah asks us to be especially kind to?" Students, using the image as a clue, will most likely respond, "Parents!" Praise correct responses.
7. ***Read translation (slowly and clearly):*** "Now I will read *what* this ayah means."


Topic: Kindness to Parents
"...and be kind to your parents."
Suratul Isra (17), Verse 23
﴿وَبِالْوَالِدَيْنِ إِحْسَانًا﴾
"Wa Bil Waalidayni Ihsaanaa"

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

"This story is about a brother and a sister named [Insert names given by children]. One day, after learning in class all about how Allah LOVES those who are kind towards their parents and gives them many rewards and blessings in Jannah, [INSERT NAMES] decided to surprise their parents!

That afternoon, while Mama and Baba were grocery shopping, they asked their loving grandparents to help them with their surprise. As soon as the kids got home, they both went to work in making the best cards they could for their parents. They asked Grandpa to help them pack it nicely in a box with a beautiful bow. They couldn't wait to show their parents! Then, [insert names] they cleaned the entire house, even the play room! Boy, Mama was going to be surprised! With the help of Grandma, they even baked some special treats. They couldn't wait for Mama and Baba to come home and see everything! *Ding Dong* that was them! [insert names] ran to the door and said, "Salaamun Alaikum Mama and Baba!"

"Alaikum Salaam! Wow, the house looks so clean! Mmm, it smells wonderful, too!" said Mama. [Brother] kissed Mama's hand while [sister] handed the gift to Baba.

"We learned today that Allah says in the Quran, '[read ayah with gestures].' **We always want to make you happy and be kind to you, so we can make Allah happy!" (key ending to the story)**

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
   Example: Show sign 'hijab and beard' and say the Arabic (waalidayni) and translation (parents) so that students can associate the sign with the Arabic word and English meaning.
   ***Optional*:** Tell students you have a special video of the signs that you will show them now. (Show video: link here) Watch video 2-3 times.

Make a hijab with your hands (Wa bil)

Make a beard with your fist (Waalidayni)

Give two thumbs up (Ihsaanaa)

3. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
4. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
5. ***Students Share:*** Encourage a few students to share and give positive feedback.
6. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

1. Have children sit in a circle and jot down students' responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - Allah has given us everything, and He loves us and takes care of us. If we love Him and really want to make Him happy, we should listen to Him, since He knows best. Allah has told us to be kind to everyone, and to be especially kind to our parents!
   - Did you know that the reward for looking at your parents with love is like going for Hajj?! (al-Amali of at-Tusi, P. 308)
   - What are some ways we can be kind to our parents? *(jot down ideas)*
     Examples: saying salam, making du'a for them, kissing them, hugging them, listening to them, and being respectful, etc.
   - Another way to be kind to our parents is by making good choices and doing good deeds that will make them and Allah happy.
   - To be kind and respectful, you should wait for them to do certain things first. For example, stand up when they enter your room or during dinner, wait for them to take food first.
   - Let's try to help our parents even before they ask us! Can you think of examples where we can do this? (e.g., clean you room, pick up your toys, set the table, brush your teeth, etc. before they ask)
   - We should be grateful to Allah for our parents because of everything they've done and continue to do for us.
   - We should always pray for our parents and ask Allah to forgive them and give them a high place in Jannah. Ilaahi Ameen!
3. For homework today, I want all of you to go home and think of 1 or 2 things you can do for your parents EVERY DAY. Remember, you should always pray for them!

STEP 5: COLORING

As students color the picture in their books, walk around, encouraging them to recite the ayah and do the hand gestures. When they finish coloring, the can complete the matching worksheet.

Kindness to Parents

Objective: Children will learn about the importance of being kind to parents and showing their love.

THINGS I LIKE ABOUT YOU
1. YOU CARE FOR ME
2. YOU COOK MY FAVOURITE FOOD
3. YOU MAKE ME LAUGH
4. YOU HUGGING ME
5. ALWAYS BEING WITH ME
6. BUY ME WHAT I NEED
7. YOU LISTEN TO ME.

Time: 40 minutes

Suggested Ages: 5+

Materials:

- Popsicle sticks (8 per child)
- Sharpies
- Tape
- Ribbon or yarn
- Scissors

Procedure:

1. **SAY:** As we learned, we should love our parents and be very kind to them! What are some ways we can show we love them? (Wait for answers.)
2. **SAY:** Yes, those are all excellent ideas! One way we can show our parents we love them is by telling them or giving them gifts! Today, we are going to do both these things! We are going to make gifts for our parents that list some reasons why we love them!
3. At this time, pass out sharpies and 8 popsicle sticks to each child. On the first popsicle stick, they should write, "Reasons Why I Love You!"
4. Then, they should number the remaining popsicle sticks 1-7. They can write one reason they love their parents on each popsicle stick.
5. When they are done, help them turn the sticks upside down and align them. Then, tape them together on the back.
6. Finally, cut a piece of ribbon or yarn. Loop it and tape it on the back.

Topic: Kindness to Parents

"...and be kind to your parents."

Suratul Isra (17), Verse 23

﴿وَبِالْوَالِدَيْنِ إِحْسَانًا﴾

"Wa Bil Waalidayni Ihsaanaa"

Lesson 9

Rushing to do Good Deeds

OBJECTIVE

Students will learn about the importance of doing good deeds, and learn the ayah.

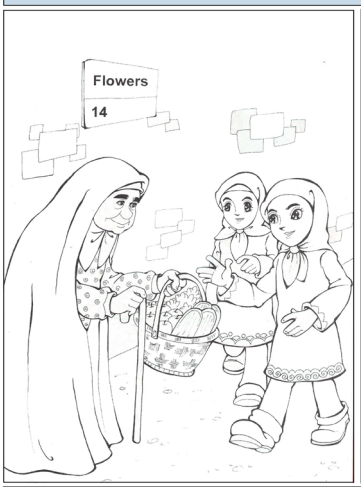
فَاسْتَبِقُوا الْخَيْرَاتِ

Transliteration: Fastabiqul Khayraat
Translation: So be quick (ahead of others) to do good deeds!
Ayah Source: Surah al-Ma'idah, Verse 48 (5:48)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "We are going to be talking about doing good deeds. What are some good deeds we can do? Why do you think we should try to do as many good deeds as we can by rushing towards them?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard.
4. ***SAY:*** We are going to be learning a new and special ayah today about doing good deeds.
5. ***Show and recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***SAY:*** In this ayah, Allah tells us to rush to do good deeds. Why should we do good deeds? (Students might say something like "to make Allah happy!")
7. ***Read translation (slowly and clearly):*** "Now, I will read *what* this ayah means."

Topic: Rushing to do Good Deeds



"So be quick (ahead of others) to do good deeds."
Suratul Ma'idah (5) Verse 48

﴿فَاسْتَبِقُوا الْخَيْرَاتِ﴾

"Fastabiqool Khayraat."

STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

"This is a story about two girls, [insert names: Girl 1 and Girl 2]. Both girls were very good girls. They loved Allah very much and did their best to make Him happy. They were kind to all their classmates; they helped their parents at home; they took care of their baby brothers and sisters; and, they took care of themselves, too. The two girls were best friends.

Part of the reason why they were such good friends was because they always raced with each other to do good things. It wasn't a race where there was a winner and a loser. Instead, it was a race that didn't end, because each and every day, both the girls tried their very best to do more good deeds than the other. They did this because they loved each other and hoped that they would both go to *Jannah* (Heaven) and be best friends there as well.

Whenever they walked home from school, they would see an old lady on the sidewalk who was hungry. And everyday, both girls would save a part of their lunch so they could give it to the lady. Some days, [Girl 1]gave the lady food first; other days, [Girl 2]got to her first. One thing is for certain - Allah loves those who race to do good deeds, and insha'Allah will reward both the girls for what they do!"

"We learned today that Allah says in the Quran that [read ayah with gestures]. We always want to make sure we motivate each other to do good deeds so we can make Allah happy!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** "We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs"
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
3. ***Example:*** When you show the action 'run,' be sure to say the Arabic (fastabiqoo) and translation (be quick ahead of others) so that students can associate the sign with the Arabic word and English meaning.

Pretend to run (Fastabiqool)

Two thumbs up (Khayraat)

4. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
5. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
6. ***Students Share:*** Encourage a few students to share and give positive feedback.
7. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

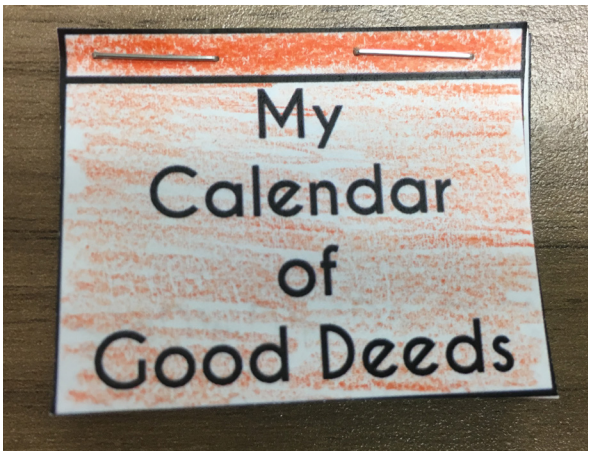
1. Have students sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - We should rush to do good things
     - Define what it means to rush or race (to compete with each other to get ahead)
   - Ask students to mention different types of "khayraat" or good deeds. Make a T-chart as shown below with a list of 'good deeds' mentioned by your students. Later you will add 'Why race?' towards each of those good deeds as you discuss with your students.
   - Next, ask students, "Why should we race?" (Because sometimes the chance to do good might go away). How? (Maybe that good deed was only for one day, like helping someone find their jacket. Once someone finds the jacket, the chance to do that good deed is gone). Add the reasons discussed during your discussion for 'why race' to the other side of the chart. (See example)
   - Use this verse when it is time to clean up.
   - Allah has told us it is very important to help people and He loves it when we do so! What are different ways we can help people?

KHAYRAAT GOOD DEEDS	WHY RACE?

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

Rushing to do Good Deeds



Objective: Students will understand the importance of taking the lead in doing good deeds.

Time: 45 minutes

Suggested Age: 5 +

Materials:

- Sticky notes (or cut pieces of paper and tape)
- Pencils
- Good Deed Calendar
- Crayons

Procedure:

1. **SAY:** Let's do an activity that will help us understand the importance of being quick to do good deeds!
2. Divide the class into groups of 4; let each team pick an Islamic name.
3. Give each group a stack of post-it notes or papers on which they can write their good deed idea.
4. **SAY:** In this game, you have to work as a team and think of good deeds you can do for your family, siblings, elders, teachers, community members, school, Masjid, neighbors, etc.
5. **SAY:** When I say go, each group needs to come up with a good deed, which the first person will write down on a sticky note and run to the board and stick it on.
6. **SAY:** While that team member is running to post the idea, the rest of the team has to come up with another idea. As soon as the first person comes back, the next person can run to the board and stick the note on the board.
7. The team that is quickest in thinking, writing, and posting will win the race!
8. Play the game.
9. **SAY:** Look at all these incredible deeds we all thought of together! Let's try to do these more in our daily lives because the Ahlul Bayt (A) have taught us that they please Allah!
10. **SAY:** Our Imams (A) are a great example of people who did good deeds for others. Today, we will be making a calendar of good deeds, where we plan to do 12 good deeds - one for the sake of each Imam.
11. Hand out the Good Deed Calendars. Have students write a good deed dedicated to each Imam (A), color them, cut them out, and staple them together. Remind them to start with Bismillah!

My Calendar of Good Deeds

1. For Imam Ali (A):

2. For Imam Hasan (A):

3. For Imam Husain (A)

4.For Imam as-Sajjad (A)

5. For Imam al-Baqir (A)

6. For Imam as-Sadiq (A)

7. For Imam al-Kadhim (A)

8. For Imam ar-Ridha (A)

9. For Imam Al-Jawad (A)

10. For Imam al-Hadi (A)

11. For Imam al-Askari (A)

12. For Imam al-Mahdi (AJ)

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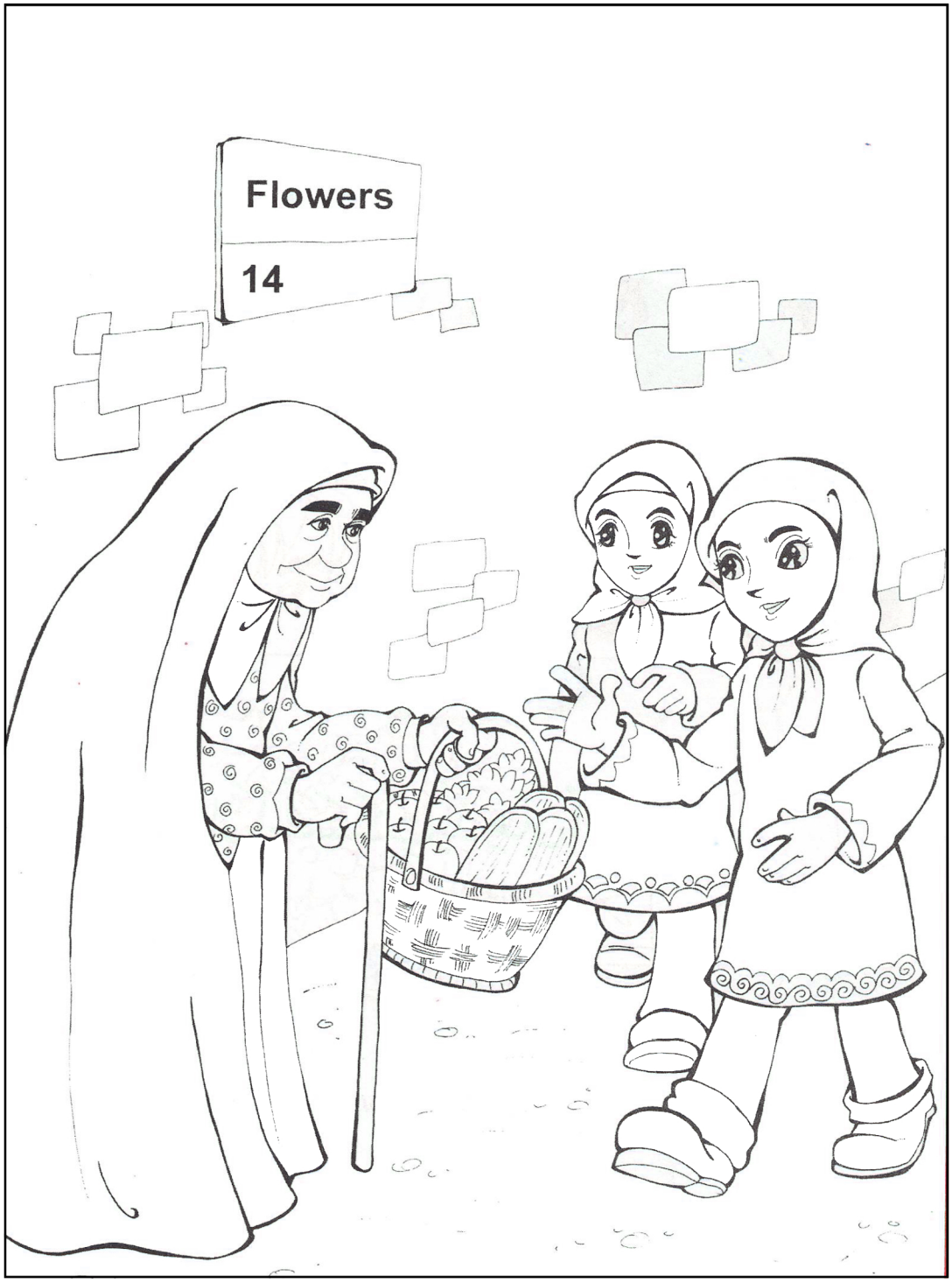
Topic: Rushing to do Good Deeds



"So be quick (ahead of others) to do good deeds."

Suratul Ma'idah (5)
Verse 48

﴿فَاسْتَبِقُوا الْخَيْرَاتِ﴾

"Fastabiqool Khayraat."

Lesson 10

Speaking Kindly

OBJECTIVE

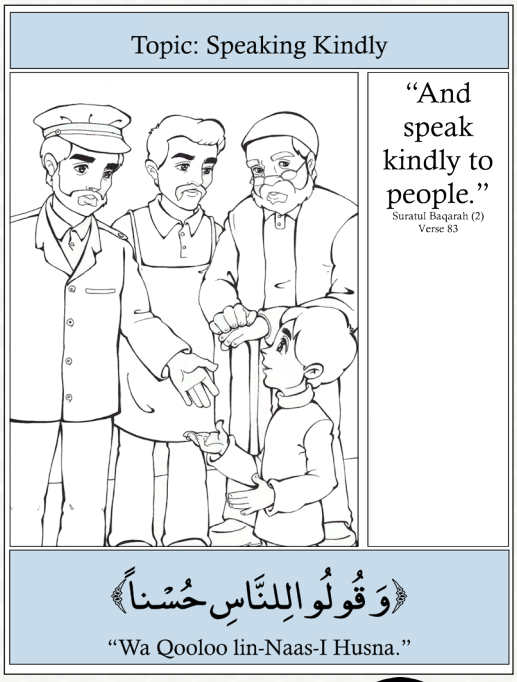
Students will learn about the importance of speaking kindly, and learn the ayah.

وَقُولُوا لِلنَّاسِ حُسْنًا

Transliteration: Wa Qooloo lin-Naas-i Husnaa
Translation: And speak kindly to people
Ayah Source: Surah al-Baqarah, Verse 83 (2:83)

STEP 1: INTRODUCTION

1. Begin each lesson with *Bismillaahir Rahmaanir Raheem* (encourage children to join you in reciting and doing the associated sign language before each lesson)
2. ***Guiding questions:*** "Today, we are going to be talking about speaking in a kind way. Why is it important to speak kindly to each other? What are some examples of speaking in a kind way? ?"
3. ***Make a list:*** Together with your students, make a quick list as you jot down their responses onto a poster paper or whiteboard. (e.g. "please," "thank you," "your drawing looks really great," "you always share with me", etc.)
4. ***SAY:*** We are going to be learning a new and special ayah today. I want you to listen carefully and think about what this ayah is about.
5. ***Show and recite:*** Show students the picture as you slowly and clearly recite the ayah in Arabic.
6. ***ASK:*** In this ayah, we learn about a blessing Allah has given us - the ability to speak. How do you think Allah would likefor us to speak to one another? Students, using the image as a clue, will most likely respond "with kind words!"
7. ***Read translation (slowly and clearly):*** Now I will read *what* this ayah means.



STEP 2: STORY TIME

Directions:

- Show students the picture of the story and ask them to help you come up with names for the characters on the page.
- Have students share what they think is happening in the picture. Create and share a story using variations of what your students said, or use the sample story below:

"This is the story of a boy named [Insert names given by children] who was very mean. He was mean to his parents; he was mean to his siblings; and he was even mean to his friends! One day, he had a very bad day at school. He didn't get to play with the ball at snack time, and after that, he was so upset, that he kept being mean to people. He didn't listen to his teacher; he kicked his friend [insert name]; he even threw his spaghetti on a little girl's hijab! When he got home, his dad called him to eat dinner.

'Not mac and cheese again - yuck! Why don't you cook better food?' he told his mom and dad.

His dad was very upset at this. The little boy's bad behavior didn't end there. [Boy] knocked down all of his brother's toys, and tripped his little sister. Finally, it was bedtime. [Boy] went to bed and was still mad.

That night, [Boy]saw a dream about the life of the Prophet (S) that his mother had told him a while ago. The story went like this: When the Prophet (S) would walk down the street, a lady in the street would throw trash on him. The Prophet was not mean to her. In fact, one day, the woman wasn't there, and the Prophet was so worried about her that he went to see if she was okay. By having good manners and being kind, the Prophet taught this lady about Allah and how we should always be kind to make Allah happy.

The next morning, when [boy] woke up, he decided it was time for a change. When his father said Salaamun Alaykum to him before going to work, [boy] responded 'Wa alaykum salaam,' and shook his hand. He did the same with his uncle and grandfather as well. Then, he hugged his mom and high-fived his siblings. He decided from that day on, he was going to live like the Prophet and speak kindly to people, just as it says in the ayah."

"We learned today that Allah says in the Quran that [read ayah with gestures]. We always want to speak kindly so we can make Allah happy!"

STEP 3: MEMORIZATION & SIGN LANGUAGE

1. ***SAY:*** We will be memorizing this beautiful ayah using special sign language! I want you all too listen attentively and look carefully as I recite the ayah with these special signs.
2. ***Introduce each sign:*** Do the sign, recite the Arabic, and then share the English meaning. Encourage students to copy. Do one sign at a time until students have understood the sign, the Arabic, and the meaning.
3. ***Example:*** When you show the action 'talking with hands,' be sure to say the Arabic (quloo) and translation (speak) so that students can associate the sign with the Arabic word and English meaning.

Speak with hand (Wa qooloo)

Point to people (Lin-naas-i)

Two thumbs up (Husnaa)

4. ***Group Practice:*** Do the signs while reciting the ayah in a whisper, loud voice, louder voice, etc. This will get students excited and encourage them to recite along to imitate the teacher.
5. ***Partner Practice:*** Students should practice with a partner, reciting the Arabic with the signs 5 times.
6. ***Students Share:*** Encourage a few students to share and give positive feedback.
7. ***Final Practice:*** As a class, slowly do all the signs as you recite the ayah out loud. Repeat with translation.

** Watch for students who are struggling and bring them closer to you and assist them.

STEP 4: DISCUSSION

1. Have students sit in a circle and jot down their responses.
2. Use the talking points below and encourage an engaging discussion with students:
   - Sometimes we want to do nice things but can't for some reason. Maybe we do not have the money or maybe no one can take us to do that deed, like going to see someone who is sick. There is one nice thing most of us can do all the time. We can speak nicely to people. What are some words we can use when speaking to each other in a kind way?
   - Speaking kindly is a very important part of being a good Muslim. Why?
   - "*Husn*" is goodness. Can you help tell me what speaking with *Husn* should be like:
     - Speak with love
     - Be sincere
     - Request, do not demand
     - Be polite
     - Say please and thank you
     - If you are upset or mad try to calm down before speaking
   - Make a T-chart of phrases that would be considered speaking kindly, and those that would be opposite of them (See example).
   - When talking to someone you have to be careful to use kind words, be sincere (mean what you say), and be careful of how your tone and nonverbal communication is (briefly explain to students what you mean by tone and nonverbal communication).
   - Even when people are mean, we should first try to talk to them nicely. Relate to students the story of Imam Hasan (A). When a man spoke to him rudely, instead of responding in the same manner, he asked the man if he was new in town and needed a place to stay or food to eat. The man became very embarrassed and surprised at how kindly the Imam spoke to him and became a believer.
   - Ask students what they would say in response to the following sentences:
     - Hey that's mine give it back!
     - You're mean!
     - I don't like you!

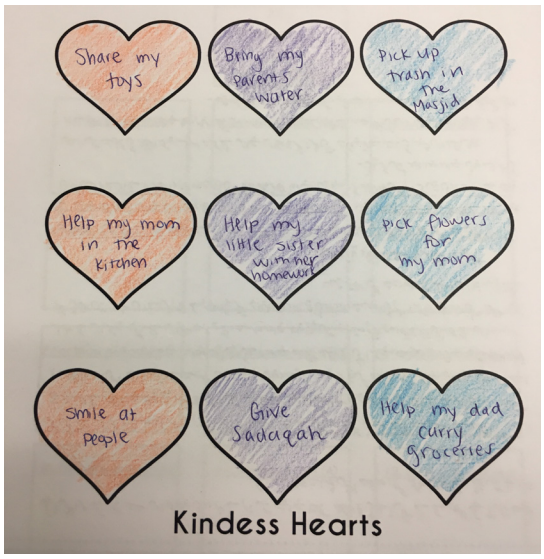
KIND	NOT KIND

STEP 5: ACTIVITY & COLORING

Do the activity on the next page. Then, students can color the picture on the following page.

Speaking Kindly

Objective: Based on a Quranic verse, students will learn about the importance of speaking kindly to others.


Share my toys
Bring my parents water
Pick up trash in the masjid
Help my mom in the kitchen
Help my little sister w/ her homework
Pick flowers for my mom
Smile at people
Give Sadaqah
Help my dad carry groceries
Kindess Hearts

Time: 45 minutes

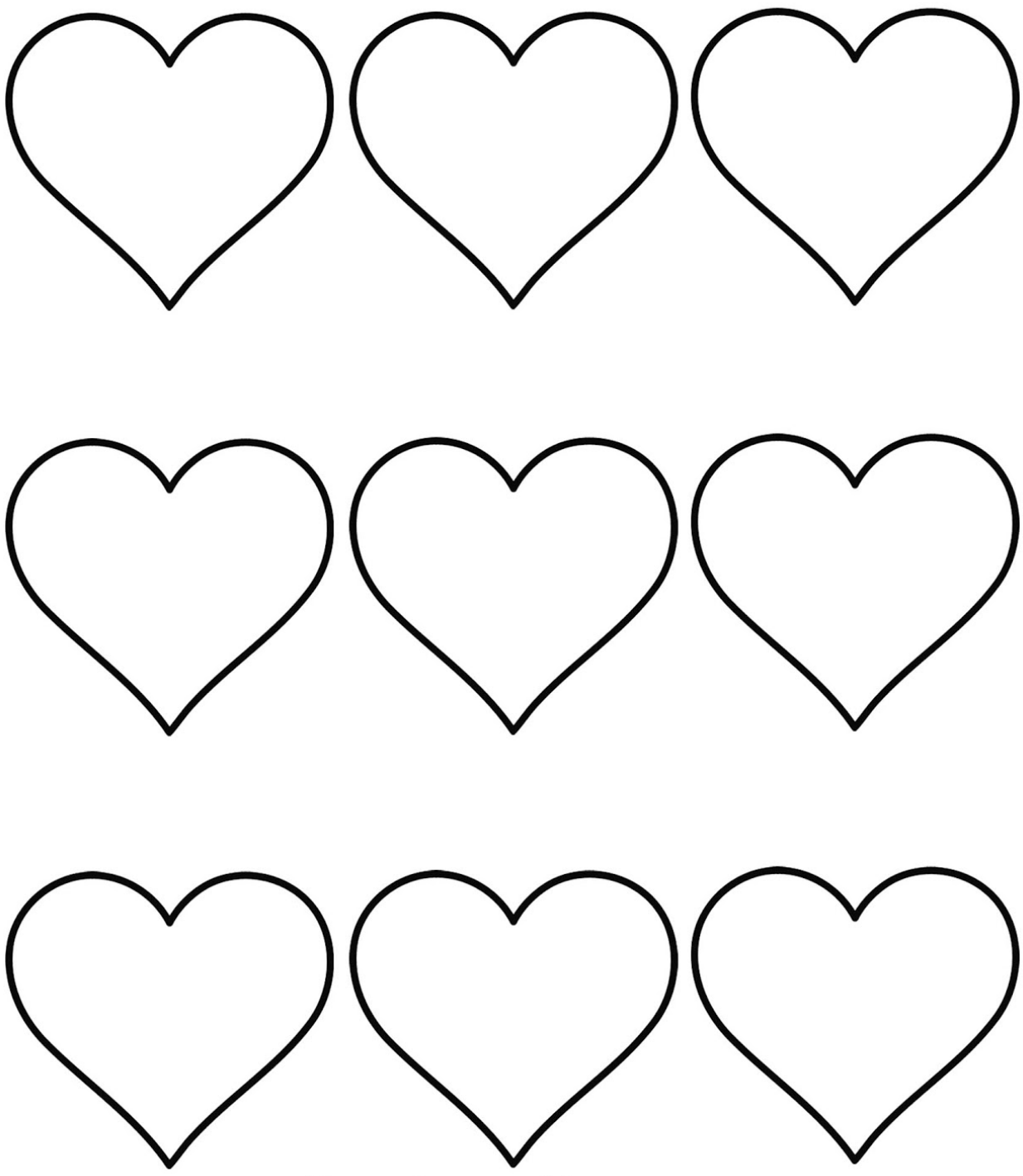
Suggested Age: 5+

Materials:

- Hearts worksheet
- Pencils
- Crayons

Procedure:

1. **SAY:** So, we've learned that Allah loves it when we are kind and being kind to others is a big part of Islam! What are some ways that we can show kindness to others? (Wait for answers.)
2. **SAY:** Yes, very good! Our Prophet (S) and Imams (A) were known for doing many of these things! They were very kind to everyone they met, even to people who were not kind to them! Let's write down some of the ways that we can imitate or copy their kindness!
3. At this time, hand out the hearts worksheet. Ask children to write an act of kindness inside each heart and then color in each heart.
4. **SAY:** Very good! Everyone has written some great acts of kindness!
5. **SAY:** When you leave, pick a heart and do that act of kindness for somebody (at the masjid, home, sunday school, etc). Try to do 3 of these today! Can we all try our best to do 3 acts of kindness today?
6. **SAY**: Let's try to be kind people all the time, because we know that is what Allah likes.



Kindness Hearts

Topic: Speaking Kindly

"And speak kindly to people."

Suratul Baqarah (2)
Verse 83

﴿وَقُولُوا لِلنَّاسِ حُسْناً﴾

"Wa Qooloo lin-Naas-I Husna."

AL-KISA
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